

Mark	Team	Wind	Athlete Name	DOB	PL	Event	Venue	Date	Notes	
SEA Games Rankings Athletics 2023										
Issue 6										
Until October 31, 2023										
Compiled by Andrew Pirie Vice President of ATFS (Association of Track and Field Statisticians)										
www.pinoyathletics.info										
Womens										
60m										
1	7.35	VIE	Tranh Thi Nhi Yen	2005	1f	Speedy Cup	Ho Chi Minh	1 Apr 2023		
2	7.36	INA	Vanessa Valeri Lonteng		3h1	Asian Indoors	Astana (KAZ)	10 Feb 2023		
3	7.47	VIE	Nguyen Thi Linh	2005	1h1	Speedy Cup	Ho Chi Minh	1 Apr 2023		
4	7.54	VIE	Hoang Du Y	2004	1f	Speedy Cup	Ho Chi Minh	1 Apr 2023		
5	7.54	VIE	Ha Thi Thu	1997	2f	Speedy Cup	Ho Chi Minh	1 Apr 2023		
6	7.58	PHI	Kayla Anise Richardson	1998	6h	Ron Mann Classic	Flagstaff	3 Feb 2023		
7	7.66	VIE	Le Thi Be Tram	2001	3f	Speedy Cup	Ho Chi Minh	1 Apr 2023		
8	7.67	VIE	Nguyen Thi Mi Hanh	2004	2f	Speedy Cup	Ho Chi Minh	1 Apr 2023		
9	7.75	VIE	Pham Thi Anh	2010	1f	Speedy Cup	Ho Chi Minh	1 Apr 2023		
10	7.76	VIE	Trang Thong	2008	2f	Speedy Cup	Ho Chi Minh	1 Apr 2023		
wind-aided										
1	7.70	PHI	3.6	Jessica Laurance	2003	3h1	Ilawara Challenge	Wollongong	14 Jan 2023	
100m										
	SEA GOLD		11.41							
	SEA SILVER		11.58							
	SEA BRONZE		11.75							
1	11.20	SGP	0.0	Shanti Veronica Pereira	1996	1f	Asian Champs	Bangkok	14 Jul 2023	SEA R NR
2	11.35	THA	1.3	Supanich Poolkerd	1997	4f	Asian Games	Huangzhou	29 Sep 2023	
3	11.47	PHI	-0.8	Kristina Marie Knott	1995	2f1		Memphis (USA)	4 Aug 2023	
4	11.55	VIE	0.9	Tran Thi Nhi Yen	2005	3sf1	Asian Champs	Bangkok	14 Jul 2023	
5	11.56	MAS	0.1	Zaidatul Husniah Zulkifli	1993	4h3	Asian Champs	Bangkok	14 Jul 2023	
6	11.74	SGP	1.3	Elizabeth-Ann She Ru Tan	2003	4h3	International Meet	Anhalt, Germany	17 Jun 2023	
7	11.75	PHI	1.1	Zion Corrales-Nelson	1998	8h1	Ron & Sharlene Alice Trojan Invitational	Los Angeles	7 Mar 2023	
8	11.78	PHI	0.9	Kayla Anise Richardson	1998	2f1		Fullerton	11 Mar 2023	
9	11.85	VIE	0.0	Du Y Hoang	2004	4h1	SEA Games	Phnom Penh	12 May 2023	
10	11.86	THA	-0.1	Athicha Petchakul	2005	3	Asian Junior Athletics	Yecheon (Korea)	5 Jun 2023	

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Wind-aided										
1	11.19	SGP	2.3	Shanti Veronica Pereira	1997	2h2	International Meet	Anhalt, Germany	17 Jun 2023	
2	11.51	THA	nwi	Supanich Poolkerd		1	SEA Games Tuneup	Bangkok	7 Apr 2023	
3	11.53	INA	nwi	Valeri Vanessa Lonteng		1r1	National Invitational	Jakarta	11 Jan 2023	NR -1.2
4	11.67	PHI	2.7	Kayla Anise Richardson	1998	1f	Beach Opener	Long Beach	4 Mar 2023	
5	11.73	VIE	nwi	Du Y Hoang		4h1	SEA Games	Phnom Penh	12 May 2023	
6	11.86	THA	nwi	Sukanda Phetraska		1f	PE Games	Bangkok	5 Sep 2023	
200m										
	SEA GOLD		22.69							
	SEA SILVER		23.54							
	SEA BRONZE		23.87							
1	22.57	SGP	-0.4	Shanti Veronica Pereira	1996	2h3	World Champs	Budapest	23 Aug 2023	SEA Record/NR
2	23.33	MAS	-0.4	Shereen Vallabouy	1998	3f1		Memphis	4 Aug 2023	
3	23.39	PHI	0.1	Kristina Knott	1995	4f	Asian Champs	Bangkok	16 Jul 2023	
4	23.54	VIE	-0.9	Tram Thi Nhi Yen	2005	2f	SEA Games	Phnom Penh	8 May 2023	
5	23.56	MAS	0.0	Zaidatul Binti Zulkifli	1993	1h2	SEA Games	Phnom Penh	8 May 2023	
6	24.01	PHI	0.5	Kayla Richardson	1998	2f1		Fullerton	11 Mar 2023	
7	24.03	SGP	-0.9	Elizabeth-Ann She Ru Tan	2003	5f	SEA Games	Phnom Penh	8 May 2023	
8	24.09	MAS	-0.9	Nur Afrina B. Mohammad Rizal	2004	6f	SEA Games	Phnom Penh	8 May 2023	
9	24.11	THA	0.0	Athicha Petchakul	2005	6s1	Asian Champs	Bangkok	15 Jul 2023	
10	24.15	VIE	0.0	Thanh Truc Ka		4h2	SEA Games	Phnom Penh	8 May 2023	
No Wind or Wind Aided										
1	24.03	THA	NWI	Supanit Poolkerd		1f	Uni Games	Udon Thani	26 Jan 2023	
2	24.09	PHI	2.6	Zion Corrales-Nelson	1998	1	Ron & Sharlene Alice Trojan Invitational	Los Angeles	8 Apr 2023	
400m										
	SEA GOLD		52.53							
	SEA SILVER		53.27							
	SEA BRONZE		53.84							
1	51.80	MAS	1998	Shereen Sampson Vallabouy		1h5	Elite Invitaitonal	San Antonio	15 Apr 2023	
2	53.27	VIE	1993	Thi Huyen Nguyen		2f	SEA Games	Phnom Penh	9 May 2023	
3	53.65	INA		Sri Maya Sari		1	National Invitational	Jakarta	11 Jan 2023	
4	53.75	VIE		Thi Nguyen Hang		1f	Taipei Open	New Taipei City	27 May 2023	
5	53.91	VIE		Thi Minh Hanh Hoang		6f	Asian Games	Huangzhou	30 Sep 2023	
6	54.24	THA		Chineye Josephphine Onuorah		1		Villanova (US)	13 May 2023	

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7	54.69	PHI		Maureen Emily Schrijvers		4f	SEA Games	Phnom Penh	9 May 2023	
8	55.06	VIE		Le Thi Tuyet Mai	2006	1f	National Junior	Da Nang	9 Aug 2023	
9	55.19	MAS		Chelsea Evali Bopulas		1	Singapore Open	Singapore	27 Apr 2023	
10	55.19	THA		Benny Nonthanam		1	National Games	Kanchanburi	16 Aug 2023	
800m										
	SEA GOLD		2:08.55							
	SEA SILVER		2:08.96							
	SEA BRONZE		2:09.15							
1	2:08.06	VIE		Thi Thu Ha Nguyen		3h1	Asian Games	Huangzhou	3 Oct 2023	
2	2:08.96	VIE		Thi Ngan Bui		2	SEA Games	Phnom Penh	11 May 2023	
3	2:09.15	SGP		Chui Ling Goh	1992	3	SEA Games	Phnom Penh	11 May 2023	
4	2:09.20	PHI		Bernalyn Bejoy		4	SEA Games	Phnom Penh	11 May 2023	
5	2:09.59	MAS		Savindr Joginder Singh		4h1	Asian Champs	Bangkok	15 Jul 2023	
6	2:13.26	PHI		Daniela Quintero	2004	4f	UCONN North East Challenge	Storrs	14 Apr 2023	
7	2:13.45	VIE		Nguyen Thi Kim Thanh	2006	1f	National Junior	Da Nang	8 Aug 2023	
8	2:13.53	VIE		Y Danh Danh	2004	2f	National Junior	Da Nang	8 Aug 2023	
9	2:14.27	VIE		Vu Thi May Tray	2007	3f	National Junior	Da Nang	8 Aug 2023	
10	2:14.35	INA		Mutiara Al Pasha		5	SEA Games	Phnom Penh	11 May 2023	
1500m										
	SEA GOLD		4:16.85							
	SEA SILVER		4:24.57							
	SEA BRONZE		4:26.33							
1	4:12.28	VIE		Thi Oanh Nguyen		13h3	World Champs	Budapest	19 Aug 2023	
2	4:24.57	VIE		Thi Ngan Bui		2	SEA Games	Phnom Penh	9 May 2023	
3	4:26.33	SGP		Chui Ling Goh		3	SEA Games	Phnom Penh	9 May 2023	NR
4	4:29.10	MAS		Savindr Joginder Singh		4	SEA Games	Phnom Penh	9 May 2023	
5	4:34.69	INA		Aprilla Kartina		1	Jatim Open	Surabaya	10 Mar 2023	
6	4:35.02	VIE		Y Danh Danh	2004	1	National Junior	Da Nang	10 Aug 2023	
7	4:35.09	VIE		Hoang Thi Ngoc Anh	2006	2	National Junior	Da Nang	10 Aug 2023	
8	4:35.15	VIE		Nguyen Khanh Linh	2006	1	Asian Youth Champs	Tashkent	27 Apr 2023	
9	4:35.16	LAO		Lodkeo Inthakoumman		5	SEA Games	Phnom Penh	9 May 2023	
10	4:37.04	TLS		Angela Freitas		14	Asian Games	Huangzhou	1 Oct 2023	
5000m										
	SEA GOLD		17:00.33							

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	SEA SILVER		17:06.72							
	SEA BRONZE		17:13.63							
1	16:48.91	VIE		Le Thi Tuyet	2004	1	National Junior	Da Nang	9 Aug 2023	
2	17:00.10	VIE		Thi Hong Le Pham		1	Asian Champs	Bangkok	16 Jul 2023	
3	17:00.33	VIE		Nguyen Thi Oanh		1	SEA Games	Phnom Penh	9 May 2023	
4	17:13.63	INA		Odekta Elvina Naibaho		3	SEA Games	Phnom Penh	9 May 2023	
5	17:22.48	PHI		Joida Gagnao		4	SEA Games	Phnom Penh	9 May 2023	
6	17:23.46	INA		Novia Nur Nirwani		1	Nationals	Surakarta	25 Jun 2023	
7	17:36.05	LAO		Lodkeo Inthakoumman		5	SEA Games	Phnom Penh	9 May 2023	
8	17:44.07	VIE		Pham Thi Hue		1	Taipei Open	New Taipei City	28 May 2023	
9	17:51.48	INA	2005	Siska Simawora		1j	Nationals	Surakarta	25 Jun 2023	
10	17:54.16	MYA		Khin Mar Se		1	SEA Games Trials	Nay Pyi Taw	10 Mar 2023	
ROAD										
1	17:56R	VIE		Pham Thi Hue		2	National Marathon		26 Mar 2023	
2	18:30R	VIE		Nguyen Thi Ninh		1j	National Marathon		26 Mar 2023	
3	18:31R	VIE		Doan Thu Hang		3	National Marathon		26 Mar 2023	
10000m										
	SEA GOLD		35:11.53							
	SEA SILVER		35:21.09							
	SEA BRONZE		35:31.03							
1	34:59.19	INA		Odekta Elvina Naibaho	1991	5	Asian Champs	Bangkok	13 Jul 2023	
2	35:11.53	VIE		Thi Oanh Nguyen		1	SEA Games	Phnom Penh	12 May 2023	
3	35:20.54	MYA		Aye Aye Than		1	SEA Games Trials	Nay Pyi Taw	14 Mar 2023	
4	35:21.09	VIE		Thi Hong Le Pham		2	SEA Games	Phnom Penh	12 May 2023	
5	36:41.08	PHI		Christine Hallasgo		5	SEA Games	Phnom Penh	12 May 2023	
6	37:09.24	VIE		Le Thi Tuyet		1	National Junior	Da Nang	10 Aug 2023	
7	37:24.85	LAO		Lodkeo Inthakoumman		1	Singapore Open	Singapore	27 Apr 2023	
8	37:36.16	MYA		Khin Mar Se		1	SEA Games Trials	Nay Pyi Taw	8 Mar 2023	
9	37:45.90	VIE		Le Thi Lam		2	National Junior	Da Nang	10 Aug 2023	
10	37:46.21	SGP		Vanessa Lee		6	SEA Games	Phnom Penh	12 May 2023	
3KS										
	SEA GOLD		10:34.37							
	SEA SILVER		10:40.96							
	SEA BRONZE		11:00.85							

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1	9:57.13	VIE		Thi Oanh Nguyen		6	Asian Games	Huangzhou	2 Oct 2023	
2	10:40.96	PHI		Joida Gagnao		2	SEA Games	Phnom Penh	9 May 2023	
3	10:51.55	INA		Dian Ekayanti		1	National Invitational	Jakarta	11 Jan 2023	
4	11:00.85	VIE		Thi Huong Nguyen		3	SEA Games	Phnom Penh	9 May 2023	
5	11:16.58	MYA		Hnin Yu Soe		1	SEA Games Trials	Nay Pyi Taw	14 Mar 2023	
6	11:19.00	INA		Fitri		2	National Invitational	Jakarta	11 Jan 2023	
7	11:19.60	PHI		Abegail Manzano		4	SEA Games	Phnom Penh	9 May 2023	
8	11:35.46	INA		Afriaan Paijo		1	Jatim Open	Surabaya	10 Mar 2023	
9	11:40.56	MYA		Khin Mar Se		2	SEA Games Trials	Nay Pyi Taw	14 Mar 2023	
10	11:49.29	THA		Doiporn Pridasittinan		1	National Games	Kanchanaburi	17 Aug 2023	
Half Marathon										
1	1h15.24	VIE		Nguyen Thi Oanh		1	Nutralife Marathon	Hanoi	1 Jan 2023	
2	1h21.00	PHI		Christine Hallasgo	1992	1	7-Eleven	Davao City	5 Feb 2023	
3	1h21.05	LAO		Lodkeo Inthakoumman		2	International Marathon	Khon Kaen	29 Jan 2023	
4	1h21.07	THA		Ornamong Wongsorn		1	International	Buri Ram	21 Jan 2023	
5	1h21.30	THA		Linda Janthachit		3	Nutralife Marathon	Hanoi	1 Jan 2023	
6	1h21.53	VIE		Le Thi Bich		4	Nutralife Marathon	Hanoi	1 Jan 2023	
7	1h24.47	VIE		Pham Thi Hong Le		1	VN Express	Quy Nhon	11 Jun 2023	
8	1h25.09	VIE		Doan Thu Hang		2	VN Express	Quy Nhon	11 Jun 2023	
9	1h25.13	THA		Monthian Fravi		1	International Hatyai	Songkhla	18 Jun 2023	
10	1h25.49	THA		Piyanuch Sukchat		2	International Hatyai	Songkhla	18 Jun 2023	
Marathon										
	SEA GOLD		2h48.14							
	SEA SILVER		2h49.21							
	SEA BRONZE		2h50.27							
1	2:48.14	INA		Odekta Naibaho Elvina		1	SEA Games	Phnom Penh	6 May 2023	
2	2:49.21	VIE		Le Thi Thuyet	2004	2	SEA Games	Phnom Penh	6 May 2023	
3	2:50.27	PHI		Christine Hallasgo		3	SEA Games	Phnom Penh	6 May 2023	
4	2:51.51	THA		Linda Janthachidt			International	Buri Ram	21 Jan 2023	
5	2:56.51	VIE		Hua Hoang Thi Ngoc		1	Vietnam Express Marathon	Ho Chi Minh	12 Feb 2023	
6	3:01.55	VIE		Nguyen Chi		129	Tokyo Marathon	Tokyo	5 Mar 2023	
7	3:03.33	MAS		Musa Noor Amelia Binti		147	Tokyo Marathon	Tokyo	5 Mar 2023	
8	3:06.33	PHI		Maricor Camacho		1	7-Eleven Run	Manila	5 Feb 2023	
9	3:06.45	THA		Monthan Fravi			International	Buri Ram	21 Jan 2023	
10	3:08.16	THA		Radsmee Yaitom			International	Buri Ram	21 Jan 2023	

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10k Walk										
20k Walk										
	SEA GOLD		1h55.02							
	SEA SILVER		1h55.14							
	SEA BRONZE		1h57.11							
1	1:45.45	VIE		Nguyen Thi Thanh Phuc		6	Asian Walking Cup	Nomi (JPN)	19 Mar 2023	
2	1:48.29	MYA		Than Than Soe		1	SEA Games Trials	Nay Pyi Taw	9 Mar 2023	
3	1:50.21	THA		Kotchaporn Tangsriwong		9	Asian Champs	Bangkok	16 Jul 2023	
4	1:51.44.00	INA		Halidah Ulfah		1	Nationals	Surakarta	25 Jun 2023	
5	1:51.45.00	INA		Violine Intan Puspita		2	Nationals	Surakarta	25 Jun 2023	
6	1:52.17.00	INA		Puspita Violine Intan		1	Jatim Open	Surabaya	10 Mar 2023	
7	1:55.46.00	INA		Aprilla Ari Indah		3	Nationals	Surakarta	25 Jun 2023	
8	1:56.35	VIE		Nguyen Thi Van			Asian Walking Cup	Nomi (JPN)	19 Mar 2023	
9	1:57.29	INA		Shinta Dwi Patricia		4	Nationals	Surakarta	25 Jun 2023	
10	1:58.19	INA		Sri Julyani		5	Nationals	Surakarta	25 Jun 2023	
100H										
	SEA GOLD		13.50							
	SEA SILVER		13.52							
	SEA BRONZE		13.59							
1	13.46	VIE		Bui Thi Nguyen		1h2	SEA Games	Phnom Penh	10 May 2023	
2	13.46	VIE		Huynh Thi My Tien		4h1	Asian Champs	Bangkok	13 Jul 2023	
3	13.51	INA		Dina Aulia		2h2	SEA Games	Phnom Penh	10 May 2023	
4	13.63	INA		Mariska Yunitasari		1	Jatim Open	Surabaya	10 Mar 2023	
5	13.87	INA		Emilia Nova		2h1	SEA Games	Phnom Penh	10 May 2023	
6	13.90	PHI	0.5	Jelly Paragile		1	Trial	Pasig	27 Jun 2023	
7	13.92	VIE		Nguyen Thi Linh		1	Speedy Cup	Ho Chi Minh	1 Apr 2023	
8	13.90	PHI	0.5	Jelly Paragile		1	Trial	Pasig	27 Jun 2023	
9	14.02	THA		Natchaya Chaopakpang		1f	Uni Games	Udon Thani	25 Jan 2023	
10	14.11	VIE	-2.3	Nguyen Thi My Hanh		1f	National Junior	Da Nang	9 Aug 2023	
1	13.75	INA	??	Emilia Nova		1f	Jawa Barat Open	Jabar	15 Sep 2023	
400H										
	SEA GOLD		56.29							
	SEA SILVER		56.51							

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	SEA BRONZE		59.09							
1	56.29	VIE		Nguyen Thi Huyen	1993	1	SEA Games	Phnom Penh	11 May 2023	
2	56.51	PHI		Robyn Lauren Brown	1994	2	SEA Games	Phnom Penh	11 May 2023	
3	57.21	PHI		Lauren Hoffman		5f	Asian Games	Huangzhou	3 Oct 2023	
4	59.09	VIE		Thi Ngoc Nguyen		3	SEA Games	Phnom Penh	11 May 2023	
5	1:00.70	MAS		Mandy Goh Li		4	SEA Games	Phnom Penh	11 May 2023	
6	1:01.09	PHI		Bernalyn Bejoy		1	SEA Games Trials	Pasig	1 Mar 2023	
7	1.01.69	THA		Arisa Weluvanarak		1	National Games	Kanchanaburi	18 Aug 2023	
8	1:01.21	INA		Nella Agustin		1	Nationals	Surakarta	25 Jun 2023	
9	1:01.78	VIE		Le Thi Thuyet Mai	2006	1f	National Youth Champs	Ben Tre	17 Jun 2023	
10	1:02.27	INA		Sri Maya Sari		2	Nationals	Surakarta	25 Jun 2023	
Long Jump										
	SEA GOLD		6.28m							
	SEA SILVER		6.13m							
	SEA BRONZE		6.02m							
1	6.43m	INA		Maria Natalia Londa	1990	1	National Trials	Jakarta	11 Jan 2023	
2	6.22m	VIE		Bui Thi Thu Thao	1992	8	Asian Champs	Bangkok	14 Jul 2023	
3	6.20m	VIE		Bui Thi Loan	2000	1	Speedy Cup	Ho Chi Minh	1 Apr 2023	
4	6.13m	VIE		Ha Thi Thuy Hang	2006	2	Speedy Cup	Ho Chi Minh	2 Apr 2023	
5	6.00m	VIE		Hoang Thanh Giang		2	Speedy Cup	Ho Chi Minh	1 Apr 2023	
6	6.00m	THA		Parinya Chuameirong		4	SEA Games	Phnom Penh	11 May 2023	
7	5.95m	VIE		Huynh Thi Thuy Trang		3	Speedy Cup	Ho Chi Minh	1 Apr 2023	
8	5.89m	VIE		Dao Huynh Minh Anh		4	Speedy Cup	Ho Chi Minh	2 Apr 2023	
9	5.88m	0.0	MAS	Nurul Ashikin Abas		1	Singapore Open	Singapore	26 Apr 2023	
10	5.87m		VIE	Pham Thi Ngoc Chau	2004	1	National Junior	Da Nang	8 Aug 2023	
Triple Jump										
	SEA GOLD		13.60m							
	SEA SILVER		13.50m							
	SEA BRONZE		13.46m							
1	13.68m	VIE		Nguyen Thi Huong		3	Asian Champs	Bangkok	12 Jul 2023	
2	13.60m	THA		Parinya Chuameirong		1	SEA Games	Phnom Penh	8 May 2023	
3	13.50m	INA		Maria Natalia Londa		2	SEA Games	Phnom Penh	8 May 2023	
4	13.23m	MAS		Nurul Ashikin Abas		4	SEA Games	Phnom Penh	8 May 2023	
5	13.12m	INA	1.1	Maesaroh		2	Nationals	Surakarta	26 Jun 2023	
6	12.91m	THA		Supawat Choothong		2	Uni Games	Udon Thani	27 Jan 2023	

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7	12.82m	VIE		Nguyen Ngoc Tu		1	Speedy Cup	Ho Chi Minh	2 Apr 2023	
8	12.80m	MAS		Kirthana Ramasamy		1	Malaysia National Close	Kuala Lumpur	12 Feb 2023	
9	12.80m	SGP	-0.3	Tia Louise Rosario		3		New York City	24 Mar 2023	
10	12.51m	INA		N. Kadek Rani		2	Jatim Open	Surabaya	10 Mar 2023	
High Jump										
	SEA GOLD		1.79m							
	SEA SILVER		1.77m							
	SEA BRONZE		1.73m							
1	1.83m	VIE		Pham Qunyh Giang	2002	1	Speedy Cup	Ho Chi Minh	2 Apr 2023	
2	1.81m	MAS		Norliyana Kamaruddin		H	SEA Games	Phnom Penh	9 May 2023	
3	1.79m	VIE		Thanlada Thongchomphunut		1	SEA Games	Phnom Penh	9 May 2023	
4	1.77m	VIE		Thi Diem Pham		2	SEA Games	Phnom Penh	9 May 2023	
5	1.74m	VIE		Phan Hong Yen	2004	1	National Junior	Da Nang	8 Aug 2023	
6	1.73m	INA		Fafriliani Nabrilah		1	National Invitational	Jakarta	11 Jan 2023	
7	1.73m	INA		Wilan Ni Made Eppi		2	National Invitational	Jakarta	11 Jan 2023	
8	1.73m	SGP		Michelle Suat Li Sng		3	SEA Games	Phnom Penh	9 May 2023	
9	1.72m	PHI		Sarah Dequinan		H	SEA Games	Phnom Penh	10 May 2023	
10	1.71m	MAS		Ngu Jia Xin		1	KL Open	Kuala Lumpur	19 Mar 2023	
11	1.71m	VIE		Bui Thi Kim Anh	2006	1y	Speedy Cup	Ho Chi Minh	1 Apr 2023	
12	1.71m	VIE		Duong Thi Thao	2006	2	National Junior	Da Nang	8 Aug 2023	
Pole Vault										
	SEA GOLD		4.05m							
	SEA SILVER		4.05m							
	SEA BRONZE		4.00m							
1	4.20m	THA		Chayanisa Choemchundee		1	Asian Games	Huangzhou	2 Oct 2023	
2	4.11m	PHI		Natalie Uy		2	South Carolina Open	Columbia	22 Apr 2023	
3	4.10m	INA		Jaydai Divi Renata		1	National Invitational	Jakarta	11 Jan 2023	
4	4.05m	MAS		Nur Sarah Binti Adi		1	SEA Games	Phnom Penh	10 May 2023	
5	4.05m	THA		Khabut Chonthica	2003	1	SEA Games	Phnom Penh	10 May 2023	
6	3.88m	PHI		Alyana Nicolas		2	Mustang Invitational	San Luis Obispo (US)	21 Apr 2023	
7	3.80m	INA		Beby Alia Putri		1j	Nationals	Surakarta	24 Jun 2023	
8	3.61m	THA		Anika Chatikavanij		5	Golden Fly	Bangkok	25 Feb 2023	
9	3.60m	THA		Piyada Boonkwang		2	National Games	Kanchanaburi	18 Aug 2023	
10	3.60m	INA		Maria Andriana		2	Jawa Barat Open	Jabar	14 Sep 2023	

	Mark	Team	Wind	Athlete Name	DOB	PL	Event	Venue	Date	Notes
Shotput										
	SEA GOLD		16.71m							
	SEA SILVER		15.24m							
	SEA BRONZE		14.44m							
1	16.71m	THA		Areerat Intadis		1	SEA Games	Phnom Penh	11 May 2023	
2	15.94m	PHI		Shiloh Corrales-Nelson	6-Jul-01	1	Big West Track and Field Champs	Fullerton	13 May 2023	Phi Record
3	15.45m	INA		Eki Febri Erawati		1	Nationals	Surakarta	26 Jun 2023	
4	14.92m	MAS		Nani Sahirah Binti Maryata		10	Asian Champs	Bangkok	16 Jul 2023	
5	14.18m	VIE		Ka Hoa	1983	1	Speedy Cup	Ho Chi Minh	1 Apr 2023	
6	14.12m	VIE		Kim Thi Huyen	2003	2	Speedy Cup	Ho Chi Minh	1 Apr 2023	
7	13.43m	INA		I Dewe Ayu Ita		2	Nationals	Surakarta	26 Jun 2023	
8	13.40m	VIE		Lieu Thi Hong Phuong	2002	3	Speedy Cup	Ho Chi Minh	1 Apr 2023	
9	13.27m	VIE		Huynh Ngoc My	2002	4	Speedy Cup	Ho Chi Minh	1 Apr 2023	
10	13.14m	INA		G. Tresna Puspita		2	National Invitational	Jakarta	11 Jan 2023	
Discus										
	SEA GOLD		57.69m							
	SEA SILVER		50.73m							
	SEA BRONZE		45.08m							
1	58.88m	THA		Subenrat Insaeng		1	Taipei Open	New Taipei City	27 May 2023	
2	50.73m	MAS		Queenie Ting Kung Ni		2	SEA Games	Phnom Penh	10 May 2023	
3	45.74m	MAS		Nur Atqah Hanizam		2	Malaysia National Close	Kuala Lumpur	11 Feb 2023	
4	45.08m	VIE		Thi Cam Dung Le		3	SEA Games	Phnom Penh	10 May 2023	
5	44.70m	INA		Wahyu Nur Aini		1	National Invitational	Jakarta	11 Jan 2023	
6	42.86m	INA		Tresna Puspita		2	Nationals	Surakarta	23 Jun 2023	
7	42.70m	MAS		Choo Kang Ni		3	Malaysia National Close	Kuala Lumpur	11 Feb 2023	
8	42.63m	MAS		Yap Jeng Tzan		3	KL Open	Kuala Lumpur	19 Mar 2023	
9	40.88m	THA		Jaruwan Soisena		1	Uni Games	Udon Thani	24 Jan 2023	
10	40.35m	PHI		Shiloh Corrales-Nelson	6 Jul 01	9	Vince O'Boyle Track and Field Classic	Los Angeles	1 Apr 2023	
Hammer										
	SEA GOLD		61.87m							
	SEA SILVER		57.86m							
	SEA BRONZE		49.61m							
1	61.87m	MAS		Grace Wong Xiu Mei		1	SEA Games	Phnom Penh	8 May 2023	
2	60.30m	THA		Mingkamoon Komphon		8	Asian Games	Huangzhou	29 Sep 2023	
3	57.14m	THA		Panwat Kimsang		8	Asian Champs	Bangkok	13 Jul 2023	

	Mark	Team	Wind	Athlete Name	DOB	PL	Event	Venue	Date	Notes
4	52.08m	PHI		Shiloh Corrales-Nelson		1	RCC Invitational	Riverside	3 Mar 2023	
5	51.47m	MAS		Nurul Hidayah Lukman		1	KL Open	Kuala Lumpur	19 Mar 2023	
6	51.45m	THA		Sawitree Kaewsuksri		2	Kanchanburi Games	Kanchanburi	17 Aug 2023	
7	50.60m	INA		Syachrina P. Hussein		1	Nationals	Surakarta	24 Jun 2023	
8	50.06m	INA		G Tresna Puspita		1	National Invitational	Jakarta	11 Jan 2023	
9	49.72m	INA	2004	Natasya Mahdalita		1j	Nationals	Surakarta	24 Jun 2023	
10	48.04m	INA		Prianda Syachrina		3	National Invitational	Jakarta	11 Jan 2023	
Javelin										
	SEA GOLD		52.60m							
	SEA SILVER		49.55m							
	SEA BRONZE		48.31m							
1	56.47m	THA		Jariya Wichadit	1996	1	Uni Games	Udon Thani	26 Jan 2023	
2	50.27m	INA		Fira Firliani		1	National Invitational	Jakarta	11 Jan 2023	
3	50.26m	PHI		Evalyn Palabrica	1994	1	SEA Games Trials	Pasig	1 Mar 2023	
4	49.91m	PHI		Cerah Moren	1999	2f	West Coast Relays	Fresno	30 Mar 2023	
5	49.55m	PHI		Gennah Malapit	2006	2	SEA Games	Phnom Penh	12 May 2023	
6	48.20m	VIE		Ca To Uyen	2004	1f	National Junior	Da Nang	11 Aug 2023	
6	46.80m	PHI		Sarah Dequinan		H	SEA Games	Phnom Penh	11 May 2023	
7	46.46m	INA		Atinas Intan		2	Nationals	Surakarta	25 Jun 2023	
8	45.31m	PHI		Lanie Carpentero		2	SEA Games Trials	Pasig	1 Mar 2023	
9	45.25m	INA		Kamila Attina Nar		2	National Invitational	Jakarta	11 Jan 2023	
10	44.58m	MAS		Ng Xing Xuan		4	SEA Games	Phnom Penh	12 May 2023	
4x100m										
	SEA GOLD		44.24							
	SEA SILVER		45.25							
	SEA BRONZE		45.32							
1	44.24	THA				1	SEA Games	Phnom Penh	10 May 2023	
2	44.51	VIE				2	SEA Games	Phnom Penh	10 May 2023	
3	44.58	MAS				3	SEA Games	Phnom Penh	10 May 2023	
4	45.16	SGP				4	SEA Games	Phnom Penh	10 May 2023	
5	45.17	PHI				5	SEA Games	Phnom Penh	10 May 2023	
6	46.27	INA		Jawa Barat		1	Jawa Barat Open	Jabar	15 Sep 2023	
7	49.50	CAM				6	SEA Games	Phnom Penh	10 May 2023	
8	50.86	MYA		Mandalay		1	National State & U25	Nyipitdaw	1 Jan 2023	

	Mark	Team	Wind	Athlete Name	DOB	PL	Event	Venue	Date	Notes
4x400m										
	SEA GOLD		3:33.05							
	SEA SILVER		3:37.75							
	SEA BRONZE		3:39.29							
1	3:31.61	VIE		National Team		4	Asian Games	Huangzhou	4 Oct 2023	
2	3:37.75	PHI		National Team		2	SEA Games	Phnom Penh	12 May 2023	
3	3:39.29	THA		National Team		3	SEA Games	Phnom Penh	12 May 2023	
4	3:39.89	MAS		National Team		4	SEA Games	Phnom Penh	12 May 2023	
5	3:51.58	INA		Jawa Timur		1	Nationals	Surakarta	25 Jun 2023	
6	4:08.04	MYA		Mandalay		1	National State & U25	Nay Pyi Taw	2 Jan 2023	
7	4:09.48	SGP		National University Team		1	IVP	Singapore	8 Jan 2023	
Heptathlon										
	SEA GOLD		5403							
	SEA SILVER		5369							
	SEA BRONZE		5253							
1	5403	VIE		Linh Na Nguyen		1	SEA Games	Phnom Penh	11 May 2023	
2	5369	PHI		Sarah Dequinan	1996	2	SEA Games	Phnom Penh	11 May 2023	
3	5253	THA		Sunisa Khotseemueang		3	SEA Games	Phnom Penh	11 May 2023	
4	5163	VIE		Thanh Giang Hoang		4	SEA Games	Phnom Penh	11 May 2023	
5	4846	MAS		Norliyana Kamaruddin		5	SEA Games	Phnom Penh	11 May 2023	
6	4654	INA		Rohani		1	Nationals	Surakarta	24 Jun 2023	
7	4370	MYA		Naw Myint Myint San		1	SEA Games Trials	Nay Pyi Taw	10 Mar 2023	
8	4170	INA		Nur Hassanah		2	Nationals	Surakarta	24 Jun 2023	
9	4136	INA		Siti Nur Halizah		3	Nationals	Surakarta	24 Jun 2023	
10	4028	MAS		Eng May Xin Winnie		2	National Open	Ilagan City	22 Mar 2023	
Mens										
Mens 60m										
1	6.62i	MAS		Azeem Fahmi		5f	Tiger Paw Invitational	Clemson	10 Feb 2023	
2	6.74	VIE		Nguyen Dinh Vu	2003	1f	Speedy Cup	Ho Chi Minh	1 Apr 2023	
3	6.78	VIE		Ngo Dinh Lanh	2001	2f	Speedy Cup	Ho Chi Minh	1 Apr 2023	
4	6.78	VIE		Trinh Viet Tu	1995	3f	Speedy Cup	Ho Chi Minh	1 Apr 2023	
5	6.82i	PHI		Nolan Crespo	2001	5f	WSU Open	Spokane	3 Feb 2023	Acquired Phi Passport Aug
6	6.87i	PHI		Jonelle Halog	1995	4f	Ravens Last Chance	Ottawa	18 Feb 2023	
7	6.90	VIE		Le Trung Kien	2001	4f	Speedy Cup	Ho Chi Minh	1 Apr 2023	
8	6.96	VIE		Tran Thanh Thai	2003	5f	Speedy Cup	Ho Chi Minh	1 Apr 2023	

	Mark	Team	Wind	Athlete Name	DOB	PL	Event	Venue	Date	Notes
9	7.00	PHI		Guhan De Luna Garcia	2000	1	Trial	San Carlos	8 Jan 2023	
10	7.01	VIE		Nguyen Anh Bang	1997	6f	Speedy Cup	Ho Chi Minh	1 Apr 2023	
Mens 100m										
	SEA GOLD		10.37							
	SEA SILVER		10.39							
	SEA BRONZE		10.45							
1	10.06	THA	1.4	Puripol Boonson		3s2	Asian Games	Huangzhou	30 Sep 2023	
2	10.11	MAS	1.3	Muhammad Azeem Mohd Fahmi		2h3		Baton Rouge (US)	12 May 2023	
3	10.12	INA	2.0	Lalu Zohri		1s1	Asian Games	Huangzhou	30 Sep 2023	
4	10.26	THA	-0.2	Saraoat Dapbang		1h1	Asian Games	Huangzhou	29 Sep 2023	
5	10.34	MAS	0.1	Khairul Hafiz Jantan		1h1	Darren Thrupp Shield	Nathan	18 Mar 2023	
6	10.38	INA	0.0	Sudiman Hadi		2r1	National Invitational	Jakarta	11 Jan 2023	
7	10.38	MAS	0.3	MD. Arsyad		1f	Jawa Barat Open	Jabar	14 Sep 2023	
8	10.38	SGP	-0.2	Marc Louis Brian		5h4	Asian Games	Huangzhou	29 Sep 2023	
9	10.41	INA	0.0	Bayu Ketanegara		3r1	National Invitational	Jakarta	11 Jan 2023	
10	10.41	MAS	0.1	Haiqal Hanafi		2h1	Darren Thrupp Shield	Nathan	18 Mar 2023	
11	10.41	VIE	0.0	Ngan Ngoc Nghia		3h1	Asian Champs	Bangkok	13 Jul 2023	
1	10.02	THA	2.4	Puripol Boonson		2f	Asian Games	Huangzhou	30 Sep 2023	
2	10.04	MAS	5.5	Muhd Azeem Fahmi		6f	NCAA Div 1 East Rounds	Jacksonville	26 May 2023	
3	10.19	THA	nwi	Puripol Boonson		1	National Youth Games		29 Mar 2023	
4	10.38	MAS	3.8	Russel Nasir Taib		5	Newham and Beasley	London	30 Jun 2023	
5	10.41	THA	nwi	Piyawat Endu Noud		1f	Physical Education Games	Bangkok	6 Sep 2023	
200m										
	SEA GOLD		20.62							
	SEA SILVER		20.84							
	SEA BRONZE		21.02							
1	20.54	THA		Puripol Boonson		1	National Games		30 Mar 2023	
2	20.62	THA	1.0	Soroat Dapbang		1f	SEA Games	Phnom Penh	8 May 2023	
3	20.82	VIE	1.0	Ngoc Nghia Nhan		2f	SEA Games	Phnom Penh	8 May 2023	
4	20.97	MAS	0.2	Russel Nasir Taib		1f1	Arcobelano Athletics Europa	Celle Ligure (ITA)	19 Jul 2023	
5	21.02	INA	1.0	Lalu Mohammad Zohri		3f	SEA Games	Phnom Penh	8 May 2023	
6	21.02	MAS		Jonathan Nyepa		4f	SEA Games	Phnom Penh	8 May 2023	

	Mark	Team	Wind	Athlete Name	DOB	PL	Event	Venue	Date	Notes
7	21.12	THA	0.0	Chayut Khongprasit		5s1	Asian Champs	Bangkok	15 Jul 2023	
8	21.16	SGP	0.1	Reuben Rainer Lee		2	Singapore Open	Singapore	26 Apr 2023	
9	21.17	PHI	1.1	Brandon Martinez		1		Kawabata	5 May 2023	
10	21.18	THA	1.0	Sarawut Nuansri	2007	2	Asian Junior Championships	Yecheon (KOR)	7 Jun 2023	
11	21.18	THA	0	Tawatchai Heem-eid	1999	1	National Games	Kanchanburi	17 Aug 2023	
Wind Aided										
1	20.95	VIE	2.8	Nguyen Van Chau		3f	Taipei Open	New Taipei City	28 May 2023	
400m										
	SEA GOLD		46.34							
	SEA SILVER		46.52							
	SEA BRONZE		46.63							
1	46.20	THA		Joshua Atkinson	2003	3	Track Classic	Sydney	11 Mar 2023	
2	46.34	MAS		Umar B. Osman		1f	SEA Games	Phnom Penh	9 May 2023	
3	46.48	PHI		Umajesty Williams		2f	Royal City Inferno	Guelph	20 Jun 2023	
4	46.53	PHI		Frederick Ramirez		5s1	Asian Champs	Bangkok	12 Jul 2023	
5	46.92	THA		Sarawut Nuansi		1f	Asian Youth	Tashkent	28 Apr 2023	
6	47.21	PHI		Michael Carlo Del Prado		1h2	Singapore Open	Singapore	27 Apr 2023	
7	47.29	SGP		Thiruben Thana Rajan		1h1	Singapore Open	Singapore	27 Apr 2023	
8	47.37	SGP		Reuben Lee Siong En	2002	1f2	AGN Track and Field League 5	Pretoria	25 Feb 2023	
9	47.40	SGP		Calvin Quek!		2h4	National Open	Brisbane	30 Mar 2023	
10	47.43	VIE		Dinh Son		4h2	SEA Games	Phnom Penh	9 May 2023	
800m										
	SEA GOLD		1:52.91							
	SEA SILVER		1:53.34							
	SEA BRONZE		1:53.86							
1	1:48.18	THA		Josh Atkinson	2003	4h2	Asian Games	Guangzhou	2 Oct 2023	
2	1:49.85	PHI		Hussein Lorana	2004	1h1	Weekly Relays	Pasig	1 Oct 2023	Phi JR Record
3	1:50.09	CAM		Chun Bunthorn		5h2	Asian Champs	Bangkok	15 July 2023	
4	1:50.94	MAS		Wan Muhammad Fazri	2001	5h1	Asian Champs	Bangkok	15 Jul 2023	
5	1:51.83	PHI		Edwin Giron	06/06/1999	1	National Open	Ilagan	25 Mar 2023	
6	1:52.57	THA		Jirayu Pleenram		1	National Games	Kanchanaburi	17 Aug 2023	
7	1:52.89	VIE		Duc Phuoc Luong		6h2	Asian Champs	Bangkok	15 July 2023	
8	1:53.33	PHI		Mariano Masano		3h1	SEA Games	Phnom Penh	10 May 2023	
9	1:53.38	INA		Bilal Bilano		1h3	Nationals	Surakarta	20 Jun 2023	
10	1:53.63	MYA		Hein Htet Aung		8h	World Champs	Budapest	22 Aug 2023	

	Mark	Team	Wind	Athlete Name	DOB	PL	Event	Venue	Date	Notes
1500m										
	SEA GOLD		3:58.51							
	SEA SILVER		3:59.31							
	SEA BRONZE		3:59.36							
1	3:40.50	THA		Kieran Tuntivate		1	Bryan Clay Invitational	Azusa	15 Apr 2023	
2	3:46.81	VIE		Duc Phuoc Luong	2005	10	Asian Champs	Bangkok	13 Jul 2023	
3	3:54.35	INA		Wahyudi Putra		14	Asian Champs	Bangkok	13 Jul 2023	
4	3:54.91	PHI		Dhem AJ Monton		1	Weekly Relays	Pasig	10 Sep 2023	
5	3:55.22	PHI		Junel Gobotia		2	Weekly Relays	Pasig	10 Sep 2023	
6	3:55.59	PHI		Alfrence Braza		1	National Open	Ilagan City		
7	3:56.91	VIE		Nguyen Chi Kien	2005	1	National Junior	Da Nang	10 Aug 2023	
8	3:57.66	TLS		Felisberto De Deus		8h1	Asian Games	Huangzhou	30 Sep 2023	
9	3:57.84	PHI		Luong Binh Duong	2006	2	National Junior	Da Nang	10 Aug 2023	
10	3:58.49	PHI		Sonny Wagdos		2	National Open	Ilagan City	26 Mar 2023	
Mens 5000m										
	SEA GOLD		14:34.77							
	SEA SILVER		14:36.45							
	SEA BRONZE		14:43.45							
1	13:15.67	THA		Kieran Tuntivate				Hesuden-Zolder (BEL)	15 Jul 2023	
2	14:28.37	INA		Robi Syianturi		1	Nationals	Surakarta	22 Jun 2023	
3	14:36.45	PHI		Sonny Wagdos		2	SEA Games	Phnom Penh	9 May 2023	
4	14:45.71	INAN		Rikki Marthin		2	Nationals	Surakarta	22 Jun 2023	
5	14:48.43	SGP		Soh Rui Yong		4	SEA Games	Phnom Penh	9 May 2023	
6	14:53.22	MYA		Than Htike Soe		5	SEA Games	Phnom Penh	9 May 2023	
7	14:56.67	INA		Petingko Noveldi		1	Jatim Open	Surabaya	10 Mar 2023	
8	14:57.11	PHI		Richard Salano		2	National Open	Ilagan City	25 Mar 2023	
9	14:58.84	INA		Massa Syamsudin		2	Jatim Open	Surabaya	10 Mar 2023	
10	15:00.36	INA		Pandu Sukaraya		4	Nationals	Surakarta	22 Jun 2023	
Mens 10000m										
	SEA GOLD		31:08.85							
	SEA SILVER		31:10.70							
	SEA BRONZE		31:25.55							
1	29:55.31	INA		Robbi Syianturi		8	Asian Games	Huangzhou	30 Sep 2023	
2	30:55.58	INA		Simbolan Riki M		1	National Invitational	Jakarta	11 Jan 2023	

	Mark	Team	Wind	Athlete Name	DOB	PL	Event	Venue	Date	Notes
	SEA GOLD		2h32.59							
	SEA SILVER		2h33.27							
	SEA BRONZE		2h35.49							
1	2:24.22	MAS		Tan Huong Leong		112	Tokyo Marathon	Tokyo	5 Mar 2023	
2	2:30.00	THA		Sanchai Namkhet		1	International	Buri Ram	21 Jan 2023	
3	2:31.58	PHI		James Kevin Cruz		1	Milo Qualifier	Manila	26 Mar 2023	
4	2:32.41	VIE		Tuan Le		1	Salonpas Marathon	Ho Chi Minh	8 Jan 2023	
5	2:32.59	INA		Agus Prayogo		1	SEA Games	Phnom Penh	6 May 2023	
6	2:33.27	PHI		Arlan Arbois		2	SEA Games	Phnom Penh	6 May 2023	
7	2:33.48	VIE		Nguyen Thanh Hoang		2	Salonpas Marathon	Ho Chi Minh	8 Jan 2023	
8	2:34.34	PHI		Florendo Lapiz		1	7-Eleven Run	Cebu City	5 Feb 2023	
9	2:35.01	VIE		Phan Pham Ngoc		1	International	Trang	9 Jul 2023	
10	2:35.12	PHI		Joerge Andrade		1	7-Eleven Run	Davao City	5 Feb 2023	
20K Walk										
	SEA GOLD		1h40.42							
	SEA SILVER		1h45.36							
	SEA BRONZE		1h49.39							
1	1h30.27	VIE		Nguyen Thi Thanh Phuc		7	Asian Walking Cup	Nomi (JPN)	19 Mar 2023	
2	1h33.08	VIE		Vo Xuan Vinh			Asian Walking Cup	Nomi (JPN)	19 Mar 2023	
3	1:33:55.00	INA		Hendro Yap		1	Jatim Open	Surabaya	10 Mar 2023	
4	1:38.27.00	INA		Bayu Prasetyo		2	Jatim Open	Surabaya	10 Mar 2023	
5	1:38.54.00	INA		Angga Septiyan P		2	Nationals	Surakarta	25 Jun 2023	
6	1:39.29.00	INA		Syaiful Bahri		4	Jatim Open	Surabaya	10 Mar 2023	
7	1:39.57.00	INA		Muhammad Fahmi		5	Jatim Open	Surabaya	10 Mar 2023	
8	1:41.22.00	INA		Syafaad Tarigan		3	Nationals	Surakarta	25 Jun 2023	
9	1:42.01.00	INA		Moh Zaki Hinabatullah		4	Nationals	Surakarta	25 Jun 2023	
10	1:42.52.00	THA		Arthit Sriwichai		9	Asian Champs	Bangkok	16 Jul 2023	
110H										
	SEA GOLD		13.83							
	SEA SILVER		13.83							
	SEA BRONZE		13.86							
1	13.56	PHI	0.6	John Cabang		4f	Asian Champs	Bangkok	14 Jul 2023	
2	13.71	THA	0.0	Nattaphon Dansungnoen		3h3	Asian Champs	Bangkok	13 Jul 2023	
3	13.83	SGP		Chen Xiang Ang		2	SEA Games	Phnom Penh	10 May 2023	
4	13.86	MAS	1.7	Mohd Rizzua Muhammad		2h2	Taipei Open	New Taipei City	27 May 2023	

	Mark	Team	Wind	Athlete Name	DOB	PL	Event	Venue	Date	Notes
5	13.92	PHI	-2.0	Clinton Kingsley Bautista		3f	Taipei Open	New Taipei City	27 May 2023	
6	14.25	INA	-0.2	Rahmadon Hirzan		1	National Invitational	Jakarta	11 Jan 2023	
7	14.29	SGP	1.3	Wei Guan Chong		1	IVP Champs	Singapore	7 Jan 2023	
8	14.31	VIE	-0.8	Nguyen Tu Toan		1f	National Junior	Da Nang	9 Aug 2023	
9	14.39	INA	-0.8	Rio Maholtra		1	Nationals	Surakatta	24 Jun 2023	
10	14.47	MAS	0.5	Shareen Aleimran Abdul Raheem		3	National Open	Ilagan City	22 Mar 2023	
wind-aided										
1	13.55	PHI	2.5	John Cabang	2001			Taragona	2 Jul 2023	
2	14.20	MAS	nwi	Shareen Aleimran Abdul Raheem		2	Negeri Sembilan Open	Seremban	2 Sep 2023	
3	14.46	MAS	nwi	Benedict Ian Gawok		3	Negeri Sembilan Open	Seremban	2 Sep 2023	
400H										
	SEA GOLD		50.03							
	SEA SILVER		50.73							
	SEA BRONZE		50.75							
1	49.76	PHI		Eric Shauwn Cray		6f	Asian Champs	Bangkok	15 Jul 2023	
2	50.42	THA		Nattaphon Dansungnoen		3h2	Asian Games	Huangzhou	2 Oct 2023	
3	50.75	SGP		Calvin Quek		3	SEA Games	Phnom Penh	11 May 2023	
4	51.54	INA		B.S. Edwin Haloman		4	SEA Games	Phnom Penh	11 May 2023	
5	52.08	THA		Methasit Khramphinit		2f	National Games	Kanchanaburi	18 Aug 2023	
6	52.26	MAS		Ruselm Roseli		5	SEA Games	Phnom Penh	11 May 2023	
7	52.36	THA		Patthanan		3f	National Games	Kanchanaburi	18 Aug 2023	
8	52.47	MAS		Muhammad Fakrul Nasir		1	Malaysia National Close	Kuala Lumpur	11 Feb 2023	
9	53.01	VIE		Le Quoc Huy	2005	1f	National Junior	Da Nang	10 Aug 2023	
10	53.06	VIE		Quach Cong Lich		6	SEA Games	Phnom Penh	11 May 2023	
Long Jump										
	SEA GOLD		7.85m							
	SEA SILVER		7.66m							
	SEA BRONZE		7.62m							
1	8.08m	PHI	0.0	Janry Ubas		D	SEA Games	Phnom Penh	8 May 2023	
2	7.94m	INA	nwi	Sapwaturrahman		1	National Invitational	Jakarta	11 Jan 2023	
3	7.70m	INA		Suwandi Wijaya		2	National Invitational	Jakarta	11 Jan 2023	
4	7.67m	MAS		Datik Abdul Latif Bin Romly		1	KL Open	Kuala Lumpur	19 Mar 2023	
5	7.71m	LAO	1.7	Xaida Vongsavanh		10	Asian Champs	Bangkok	15 Jul 2023	
6	7.66m	VIE		Tien Trong Nguyen		2	SEA Games	Phnom Penh	9 May 2023	

	Mark	Team	Wind	Athlete Name	DOB	PL	Event	Venue	Date	Notes
7	7.62m	MAS		Andre Anura Anuar		11	Asian Champs	Bangkok	15 Jul 2023	
8	7.57m	INA		Febri Pratesyo		3	National Invitational	Jakarta	11 Jan 2023	
9	7.52m	VIE		Van Nghia Pham		5	SEA Games	Phnom Penh	9 May 2023	
10	7.50m	VIE		Pham Xuan Tien	2006	1	National Youth Champs	Ben Tre	17 Jun 2023	
Triple Jump										
	SEA GOLD		16.06m							
	SEA SILVER		15.74m							
	SEA BRONZE		15.70m							
1	16.12m	THA		Pratchaya Tepparak		1	National Games	Kanchabanaburi	18 Aug 2023	
2	16.10m	MAS	-1.0	Andre Anura		1	National Open	Brisbane	1 Apr 2023	
3	16.08m	PHI		Ronne Malipay		6	Asian Champs	Bangkok	13 Jul 2023	
4	16.02m	THA		Nattaphong Srinotha		7	Asian Champs	Bangkok	13 Jul 2023	
5	15.81m	PHI		Mark Harry Diones		1	National Open	Ilagan City	26 Mar 2023	
6	15.73m	VIE		Tran Van Dien		2	National Open	Ilagan City	26 Mar 2023	
7	15.66m	THA		Wisrut Suwachai		1	Uni Games	Udon Thani	25 Jan 2023	
8	15.66m	VIE		Thuong Duc Nguyen		3	SEA Games	Phnom Penh	11 May 2023	
9	15.49m	MAS		Muhammad Raffi		1	Malaysia National Close	Kuala Lumpur	12 Feb 2023	
10	15.45m	MAS		Ng Tak Sing	2005	1j	Negeri Sembilan Open	Seremban	2 Sep 2023	
High Jump										
	SEA GOLD		2.27m							
	SEA SILVER		2.17m							
	SEA BRONZE		2.15m							
1	2.27m	THA		Tawan Kaeodam		1	SEA Games	Phnom Penh	12 May 2023	CR
2	2.17m	VIE		Duc Anh Vu		2	SEA Games	Phnom Penh	12 May 2023	
3	2.15i	PHI		Leonard Grospe		7	Asian Indoors	Astana (KAZ)	13 Feb 2023	
4	2.15m	MAS		Farell Glen Jurus		3	SEA Games	Phnom Penh	12 May 2023	
5	2.15m	MAS		Mohamad Bin Dahlan		4	SEA Games	Phnom Penh	12 May 2023	
6	2.15m	SGP		Kamptom Kam		11	Asian Games	Huangzhou	4 Oct 2023	
7	2.10m	THA		Wachiraphon Sonram		1	National Games	Kanchanaburi	17 Aug 2023	
8	2.10m	PHI		Ernie Calipay		1	Weekly Relays	Pasig	9 Jul 2023	
9	2.10m	INA		Rafael		1	Jawa Barat Open	Jabar	14 Sep 2023	
10	2.09m	SGP		Brandon Heng Fu Hong		3	Singapore Open	Singapore	27 Apr 2023	
invalid										
1	2.18m	PHI		Leonard Grospe		1	PinoyAthletics Summer Series	Lingayen	3 Jun 2023	

	Mark	Team	Wind	Athlete Name	DOB	PL	Event	Venue	Date	Notes
2	2.10m	PHI		Brian Kent Celeste		2	PinoyAthletics Summer Series	Lingayen	3 Jun 2023	
Pole Vault										
	SEA GOLD		5.65m							
	SEA SILVER		5.20m							
	SEA BRONZE		5.20m							
1	6.00m	PHI		Ernest John Obiena		2	World Champs	Budapest		
2	5.61m	THA		Patsaphong Amsamarng		3	Golden Fly	Bangkok	25 Feb 2023	
3	5.41m	THA		Kasinphob Chomchanad		4	Golden Fly	Bangkok	25 Feb 2023	
4	5.20m	INA		Frederick Saputra		1	Jatim Open	Surabaya	10 Mar 2023	
5	5.10m	INA		Richsan Idan Fuzan		7	International Pole Vault	Busan	10 Jun 2023	
6	5.10m	MAS		Muh Naufal Shahrul Afzam		1	Negeri Sembilan	Seremban	2 Sep 2023	
7	5.08m	PHI		Elijah Cole		2	South Carolina Open	Columbia (US)	22 Apr 2023	
8	5.00m	INA		Melvi Riswar Bisma		2	Jatim Open	Surabaya	10 Mar 2023	
9	5.00m	INA		Teuku Tegar		3	Jatim Open	Surabaya	10 Mar 2023	
10	5.00m	PHI		Hokett Delos Santos		2	National Open	Ilagan City	26 Mar 2023	
11	5.00m	SGP		Low Jun Yu		2	Singapore Open	Singapore	28 Apr 2023	
Shotput										
	SEA GOLD		17.84m							
	SEA SILVER		17.39m							
	SEA BRONZE		17.30m							
1	18.17m	PHI		William Edward Morrison		6	Asian Champs	Bangkok	14 Jul 2023	SEA R?
2	17.84m	THA		Jakkapat Noisri		1	SEA Games	Phnom Penh	9 May 2023	
3	17.43m	MAS		Jonah Chang Rigan		1	National Open	Ilagan City	22 Mar 2023	
4	17.39m	VIE		Phan Thanh Binh	1995	2	SEA Games	Phnom Penh	9 May 2023	
5	17.30m	MAS		Muhammad Zolkefli		3	SEA Games	Phnom Penh	9 May 2023	
6	17.19m	PHI		John Albert Mantua		1	Trial	Pasig	11 Jun 2023	
7	16.06m	THA		Thongchai Silamool		6	SEA Games	Phnom Penh	9 May 2023	
8	15.76m	INA		Bakti M. Syahrial		1	National Invitational	Jakarta	11 Jan 2023	
9	15.70m	MAS		Kamal Abdul Rahman		1	National Competition	Kuantan	28 May 2023	
10	15.68m	THA		Bundit Singthongkul		1	PE Games	Bangkok	5 Sep 2023	
Discus										
	SEA GOLD		57.83m							
	SEA SILVER		51.89m							
	SEA BRONZE		50.02m							

	Mark	Team	Wind	Athlete Name	DOB	PL	Event	Venue	Date	Notes
1	59.71m	MAS		Muhammad Irfan Shamshuddin		1	Malaysia National Close	Kuala Lumpur	12 Feb 2023	
2	51.89m	THA		Srisai Kiadpradid		2	SEA Games	Phnom Penh	11 May 2023	
3	50.02m	THA		Bandit Singhatongkul		3	SEA Games	Phnom Penh	11 May 2023	
4	49.96m	MAS		Kamal Farhan Bin A Rahman		1	National University	Melaka	10 Mar 2023	
5	49.40m	SGP		Eric Yee Chun Wei	1999	1	Selection Trials	Singapore	18 Feb 2023	
6	49.14m	THA		Silamol Thongchai		11	Asian Champs	Bangkok	15 Jul 2023	
7	48.63m	PHI		John Albert Mantua		1	National Open	Ilagan City	22 Mar 2023	
8	48.42m	VIE		Phan Binh Phan		4	SEA Games	Phnom Penh	11 May 2023	
9	48.25m	THA		Bundit Singthongkul		2	Uni Games	Udon Thani	26 Jan 2023	
10	47.72m	INA		Widya Galih Yoga		1	National Invitational	Jakarta	11 Jan 2023	
Hammer										
	SEA GOLD		64.49m							
	SEA SILVER		64.54m							
	SEA BRONZE		58.86m							
1	65.07m	MAS		Jackie Wong Siew Cheer		6	Asian Champs	Bangkok	13 Jul 2023	
2	64.49m	THA		Kittipong Boomawan		1	SEA Games	Phnom Penh	8 May 2023	
3	61.90m	MAS		Sadat Ajisan		1	National University	Kuala Lumpur	11 Mar 2023	
4	59.15m	MYA		Aung Ye Htet		1	SEA Game Test	Nay Pyi Taw	10 Jun 2023	NR
5	53.98m	THA		Thanwarak Kanasavapaisin		5	SEA Games	Phnom Penh	8 May 2023	
6	53.45m	INA		Rafika Putra		1	Nationals	Surakarta	25 Jun 2023	
7	51.88m	INA		Ardiansyah Alpandi		2	Nationals	Surakarta	25 Jun 2023	
8	51.09m	INA		Firdan Akbar		2	National Invitational	Jakarta	11 Jan 2023	
9	50.03m	INA		Suryansyah Fahri		3	National Invitational	Jakarta	11 Jan 2023	
Javelin										
	SEA GOLD		69.60m							
	SEA SILVER		69.55m							
	SEA BRONZE		66.20m							
1	69.77m	INA		Abd Hafiz		1	National Invitational	Jakarta	11 Jan 2023	
2	69.61m	THA		Wachirawit Sornwichai		1	Uni Games	Udon Thani	28 Jan 2023	
3	69.55m	VIE		Hoai Van Nguyen		1	SEA Games	Phnom Penh	8 May 2023	
4	66.20m	INA		Agustinus Abadi Ndiken		2	SEA Games	Phnom Penh	8 May 2023	
5	65.77m	PHI		Melvin Calano		1	SEA Games Trials	Pasig	2 Mar 2023	
6	65.00m	PHI		John Paul Sarmiento		2	SEA Games Trials	Pasig	2 Mar 2023	
7	63.55m	THA		Watchakarakeat Suesat		9	Asian Champs	Bangkok	16 Jul 2023	
8	62.92m	MYA		Nan Htet Maung		1	SEA Games Trials	Nay Pyi Taw	9 Mar 2023	

	Mark	Team	Wind	Athlete Name	DOB	PL	Event	Venue	Date	Notes
9	62.79m	PHI		Melvin Calano		1	PATAFA	Davao City	21 Jan 2023	
10	62.07m	INA		Marsim		1	Nationals	Surakarta	25 Jun 2023	
4x100m										
	SEA GOLD		39.11							
	SEA SILVER		39.13							
	SEA BRONZE		39.36							
1	38.55	THA				1	Asian Champs	Bangkok	12 Jul 2023	
2	39.11	INA				1	SEA Games	Phnom Penh	10 May 2023	
3	39.17	MAS				6	Asian Champs	Bangkok	12 Jul 2023	
4	39.32	SGP				7	Asian Champs	Bangkok	12 Jul 2023	
5	41.02	PHI				5	SEA Games	Phnom Penh	10 May 2023	
6	41.24	LAO				6h1	Asian Champs	Bangkok	12 Jul 2023	
7	42.44	VIE				1	National Youth Champs	Ben Tre	20 Jun 2023	
8	43.49	MYA		Mandalay		1	National State & U25	Nyipitdaw	1 Jan 2023	
4x400m										
	SEA GOLD		3:07.22							
	SEA SILVER		3:07.23							
	SEA BRONZE		3:08.82							
1	3:04.23	THA		National Team		4f	Asian Games	Huangzhou	4 Oct 2023	National Record
2	3:04.89	PHI		National Team		5f	Asian Games	Huangzhou	4 Oct 2023	National Record
3	3:08.82	MAS		National Team		3	SEA Games	Phnom Penh	12 May 2023	
4	3:09.16	VIE		National Team		2f	National Open	Ilagan City	26 Mar 2023	
5	3:10.11	SGP		Singapore 'A'		4	SEA Games	Phnom Penh	12 May 2023	
6	3:17.22	MAS		Malaysia		1h2	National Open	Ilagan City	26 Mar 2023	
7	3:17.86	INA		Jawa Timur		1	Nationals	Surakarta	26 Jun 2023	
8	3:26.04	MYA		Mandalay		1	National State & U25	Nyipitdaw	2 Jan 2023	
Decathlon										
	SEA GOLD		7468							
	SEA SILVER		6923							
	SEA BRONZE		6891							
1	7468	THA		Suttisak Singkhon		1	SEA Games	Phnom Penh	9 May 2023	
2	6944	PHI		Janry Ubas		1	SEA Games Trials	Pasig	2 Mar 2023	
3	6891	PHI		Aries Toledo		3	SEA Games	Phnom Penh	9 May 2023	
4	6042	PHI		John Lera		2	SEA Games Trials	Pasig	2 Mar 2023	

	Mark	Team	Wind	Athlete Name	DOB	PL	Event	Venue	Date	Notes
5	6024	INA		Teuku Abadi		1	Nationals	Surakarta	26 Jun 2023	
6	5879	INA		Ayub Kabri		2	Nationals	Surakarta	26 Jun 2023	
7	5707	INA		Iban Richsa		3	Nationals	Surakarta	26 Jun 2023	
8	5297	MYA		Paing Ko Win		1	National State & U25	Nyipitdaw	1 Jan 2023	
9	5090	MAS		Wilson Quaik Zhen Han		4	SEA Games	Phnom Penh	9 May 2023	