

Pinoyathletics Indoor National Records Track and Field

Revised as of Feb 13, 2023

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**Pinoyathletics Mens National Indoor Records**

50m	5.76	Eric Shauwn Cray	6-Nov-88	Knight of Columbus Games	Saskatoon	27-Jan-17	
60m	6.57	Eric Shauwn Cray	6-Nov-88	Don Kirby Elite Invitational	Albuquerque	15-Feb-15	Dual/US
	6.57	Eric Shauwn Cray	6-Nov-88	Asian Indoors	Doha	19-Feb-16	
60 Hurdles	7.86	Eric Shauwn Cray	6-Nov-88	Cherry & Silver Meet	Albuquerque	24-Jan-14	Dual/US
200m	21.31	Eric Shauwn Cray	6-Nov-88	Don Kirby Elite Invitational	Albuquerque	14-Feb-15	Dual/US
400m	46.77	Trenten Beram	1-Apr-96	ECAC & IC4A	Boston	3-Mar-18	Dual/US
600m	1.18.95	Carter Lily	19-Oct-95		Iowa (USA)	17-Jan-20	Dual/US
800m	1.49.17	Carter Lily	19-Oct-95	Iowa State Classic	Ames (IO, USA)	9-Feb-19	Dual/US
1000m	2.46.55	Jesson Ramil Cid	31-Dec-91	Asian Indoors	Huangzhou	16-Feb-14	
				Asian Martial Games & Indoor	Asghabat	19-Sep-17	
1500m	4.04.76	Mervin Guarte	3-Aug-92		Iowa (USA)	1-Feb-20	
1600m	4.15.87	Carter Lilly	19-Oct-95		Rouen (FRA)	5-Mar-22	
Pole Vault	5.91m	Ernest John Obiena	17-Nov-95	Perche Elite Tour	Upsala (SWE)	2-Feb-23	
	5.91m	Ernest John Obiena	17-Nov-95	Mondo Classic	Astana (KAZ)	13-Feb-23	
High Jump	2.15m	Leonard Grospe		Asian Indoors	Astana (KAZ)	11-Feb-23	
Long Jump	7.66m	Janry Ubas		Asian Indoors	Astana (KAZ)	10-Feb-23	
Triple Jump	15.77m	Mark Harry Diones	91	Asian Indoors	Astana (KAZ)	8-Feb-20	
Shotput	20.21m	William Morrison	23-Nov-96	Mayo Invitational	Norte Dame	13 Feb 23	
Heptathlon	5246	Janry Ubas	94	Asian Indoors	Astana (KAZ)		

**Pinoyathletics Junior Mens National Indoor Records**

60m	7.07	Manuel Guzman	1-Jan-00	Fast Track Last Chance	Fordham	15-Feb-19	
				Fastrack Metro Season			
200m	22.69	Manuel Guzman	1-Jan-00	Opener	Fordham	3-Dec-18	
Pole Vault	5.00m	Ernest John Obiena	17-Nov-95	Nantoun International	Taipei	22-Apr-14	

**Pinoyathletics Womens National Indoor Records**

60m	7.26	Kristina Marie Knott	95	American Track League II	Fayetteville (USA)	31-Jan-21	Dual/US
200m	23.90	Zion Corrales-Nelson	98	MPSF Championships	Seattle (USA)	28-Feb-20	Dual/US
400m	54.94	Kayla Richardson	98	Martin Luther King Invite	Albuquerque (USA)	20-Jan-18	Dual/US
600m	1.36.93	Daniela Quintero	13-May-04	On Your Marks	Santa Barbara	1-Feb-20	Dual/US
800m	2.13.44	Jessica Lyn Barnard	10-Oct-92	Huskie Classic	Seattle	14-Feb-14	Dual/US
				<b>Boston University David</b>			
<b>1000m</b>	<b>2:53.24</b>	<b>Daniela Quintero</b>	<b>13-May-04</b>	<b>Henry Valentine</b>	<b>Boston</b>	<b>10-Feb-23</b>	<b>Dual/US</b>
Mile	4.53.30	Jessica Lyn Barnard	10-Oct-92	Huskie Classic	Seattle	13-Feb-16	Dual/US
<b>60m Hurdles</b>	<b>9.52</b>	<b>Sarah Dequinan</b>	<b>96</b>	<b>Asian Indoors</b>	<b>Astana (KAZ)</b>	<b>10-Feb-23</b>	
				El-Camino College			
300m Hurdles	42.70	Robyn Lauren Brown		Allcomers	Torrance	1-Feb-19	
Pole Vault	4.26m	Natalie Uy	6-Sep-94	KTCAA PV Champs	Shelbyville	1-Mar-20	Dual/US
Long Jump	6.11m	Elma Muros-Posadas	14-Jan-67	World Champs	Barcelona	11-Mar-95	
				University Washington			
Triple Jump	12.58m	Marisa Kwiatkowski	3-Jun-96	Preview	Seattle	27-Jan-18	Dual/US
<b>High Jump</b>	<b>1.66m</b>	<b>Sarah Dequinan</b>	<b>96</b>	<b>Asian Indoors</b>	<b>Astana (KAZ)</b>	<b>10-Feb-23</b>	
Shotput	13.97m	Shiloh Corrales-Nelson	6-Jul-01	Ronn Mann Classic	Flagstaff (USA)	3-Feb-23	Dual/US
Weighted Throw (20lbs)	17.85m	Shiloh Corrales-Nelson	6-Jul-01	Ronn Mann Classic	Flagstaff, USA	3-Feb-23	Dual/US
Pentathlon	3530	Sarah Dequinan	96	Asian Indoors	Astana (KAZ)	10-Feb-23	

### **Pinovathletics Junior Womens National Indoor Records**

60m	7.63	Princess Joy Griffey	11-Mar-87	UW Invite	Washington	29-Jan-05	Dual/US
200m	25.31	Kyla Richardson	17-Apr-98	Simplot Games	Idaho	14-Feb-14	Dual/US
600m	1.36.93	Daniela Quintero	13-May-04	On Your Marks	Santa Barbara	1-Feb-20	Dual/US
<b>800m</b>	<b>2:14.94</b>	<b>Daniela Quintero</b>	<b>13 May 04</b>	<b>Dr. Sanders Invitational</b>	<b>New York</b>	<b>28-Jan-23</b>	<b>Dual/US</b>
				<b>Boston University David</b>			
<b>1000m</b>	<b>2:53.24</b>	<b>Daniela Quintero</b>	<b>13-May-04</b>	<b>Henry Valentine</b>	<b>Boston</b>	<b>10-Feb-23</b>	<b>Dual/US</b>
Triple Jump	12.23m	Marisa Kwiatkowski	3-Jun-96	Arkansas Razor Back		31-Jan-15	Dual/US
High Jump	1.60m	Maureen Schrijvers	17-Jun-95	Brent School	Binan	5-Apr-14	
Shotput	13.07i	Shiloh Corrales-Nelson	06.07.2001	Mountain T's Invitational	Flagstaff, USA	31.01.2020	Dual/Canac
Weighted Throw (20lbs)	15.74m	Shiloh Corrales-Nelson	06.07.2001		Flagstaff, USA	17.01.20	Dual/Canac