

AM SESSION			
6:00 AM	2000M Walks Women and Youth Combined		
1	Jane Buizon	VMUF	O
2	Enalyn Lopez	VMUF	O
3	Angel Salagbang	Umingan	Y
4	Renalyn Antoni	Umingan	Y
6:30 AM	2000M Walks Youth + Men Combined		
1	Richard Dean Bravo	VMUF	OPEN
2	Sander Bello	LGU Lingayen	OPEN
3	Romeo Milanese	Team Agoo - La Union	2005
4	Loren Flores	Team Agoo - La Union	2005
5	Julius Tolentino	Vigor Hearts	2007
6	Crister Almerol	Umingan	Y
7	Lench Carbonel	Umingan	Y
8	JP Gante	Umingan	Y
9	James Vhan Mendoza	Umingan	Y
10	Walter Melendez	VMUF	2004
7:00 AM	Long Jump Women + Youth Combined		3 Jumps
1	Erika Fortin	VMUF	2000
2	Abegail Cabanada	VMUF	2002
3	Collyne Ryn Duyot	University of the Cordillera	2003
4	Carlrose C.Estigoy	University of the Cordillera	2002
5	Jefanie B. Giwa-en	University of the Cordillera	2000
6	Geremae Domalanta	Vigor Hearts	2005
7	Venus Macaraeg	VMUF	2006
8	Almera Delmendo	Vigor Hearts	2006
9	Leslie Villauneva	Umingan	Y
7:00 AM	3000m Women Open + Youth Combined		

1	Kylla Marie Farinas	Vigor Hearts	2003
2	Lady Cacatian	Umingan	Y
3	Anjelene Cacatian	Umingan	Y
4	Enalyn Lopez	VMUF	O
5	Mary Rose Frias	VMUF	Y
6	Jacqueline Antonio	Umingan	Y
7:20 AM	3000m Youth Men		
1	Paul Andrei Balmeo	Blazing Athletics of Lucban	2006
2	Mark Gabriel Esquillo	Blazing Athletics of Lucban	2008
3	Jhon Carl Tanola	Blazing Athletics of Lucban	2008
4	Ronail Fabricante	Team Agoo - La Union	2008
5	Lawrenec Fortes	Team Agoo - La Union	2008
6	Julius Tolentino	Vigor Hearts	2007
7	Mark Orpiano	Umingan	Y
7:35 AM	3000m Men		
1	PJ Anical	VMUF	O
2	Ronel Galiste	Team Agoo La Union	O
3	Cymon Richard De Jesus	Vigor Hearts / SJAB	O
4	Divincio Soriono	LGU Lingayen	2004
5	Kier Campos	San Fernando City	O
6	Jerico Aromin	San Fernando City	O
7:40 AM	Long Jump Men + Youth Combined		3 Jumps
1	Luke Salamante	Blazing Athletics of Lucban	2003
2	Manuel San Juan	Blazing Athletics of Lucban	2000
3	Dave Celino	VMUF	O
4	Brian Kent Celeste	VMUF	O
5	Jhomar Saculles	Vigor Hearts	2000
6	Rehiel Angiwan	University of the Cordillera	2000
7	Jun Paul C. Agudia	University of the Cordillera	2001

8	Mark Gabriel Esquillo	Blazing Athletics of Lucban	2008
9	Jhon Carl Tanola	Blazing Athletics of Lucban	2008
10	John Raymark Acosta	Vigor Hearts	Y
11	Joshua Costales	Vigor Hearts	Y
12	Samuel Bacoy	Umingan	Y
13	Jefferson Olifernes	Umingan	Y
14	Rodel Gervacio	Umingan	Y
15	Mark Niel Patromonio	Umingan	Y
16	Christer Almerol	Umingan	Y
8:00 AM	100M Women Youth		
	Heat 1		
2	Leslie Villauneva	Umingan	Y
3	Venus Macaraeg	VMUF	2006
4	Daniela Peralta	VMUF	2008
5	Daisy Cabrera	LGU Lingayen	2006
6	Jessica Villar	ACNHS Trackers	2006
8:05 AM	100M Youth Girls (Heat 2)		
	Heat 2		
2	Queen Leonin	Umingan	Y
3	Sophia Lumanadas	LGU Lingayen	2009
4	Angelie Teorima	VMUF	2005
5	Rianna Louise Estillore	Umingan	Y
6	Rogelyn Correa (Youth Athlete)	LGU Lingayen	2010
8:10 AM	100M Women Open		
3	Erika Fortin	VMUF	2000
4	Jeneth Bautista	VMUF	2000
5	Abegail Cabanada	VMUF	2002
6	Jemyka Kate Alfonso	University of the Cordillera	2002
7	Irene G. Guzman	University of the Cordillera	2001

8:15 AM	100M Youth Boys (Heat 1)		
8:20 AM	100M Youth Boys (Heat 2)		
8:25 AM	100M Youth Boys (Heat 3)		
100m Youth Men			
Heat 1			
2	Zach Lesley Ancheta	ACNHS Trackers	2007
3	Jolo Mondero	LGU Lingayen	2007
4	Renier Ranges	VMUF	2005
5	Francis Ganela	Laoag	2005
6	JanDeo Correa	LGU Lingayen	2005
7	Mark Jazen Doctolero	Team Agoo - La Union	2007
8	Ronnel Aquino	Umingan	Y
Heat 2			
2	Darwin Apiado	Umingan	Y
3	Joe Patrick Bernardino	LGU Lingayen	2007
4	Redz Banaag	VMUF	2005
5	Rodel Gervacio	Umingan	Y
6	Mark Justin Dela Cruz	LGU Lingayen	2005
7	Aaron Delos Santos	VMUF	2006
Heat 3			
2	Jefferson Olifernes	Umingan	Y
3	Christian Patrick Ulanday	LGU Lingayen	2007
4	Jefferson Alambra	Umingan	Y
5	Dwayne L. Bustillo	LGU Lingayen	2006
6	John Jacob Gatase	Umingan	Y
7	Keru Vinluan	LGU Lingayen	2007
8:30 AM	100M Men (Heat 1)	6M	

8:35 AM	100M Men (Heat 2)	5M	
100m Men			
Heat 1			
2	Mclain Stephen Aspillaga	Team Agoo - La Union	2003
3	Guhan De Luna Garcia	VMUF	2003
4	Gio De Vera	VMUF	2001
5	Raymart Mendoza	LGU Lingayen	2000
6	Edriel Gabriel Flores	San Fernando City	O
7	Luke Salamante	Blazing Athletics of Lucban	2003
Heat 2			
3	Jericho Mendiona	VMUF	
4	Feller De Ramos	VMUF	1997
5	Marc Banlao	ACNHS Trackers	2002
6	Richard Jeon Caralipo	San Fernando City	O
7	Sander Bello	LGU Lingayen	O
8:30 AM	High Jump Male		
		1.30, 1.35, 1.40, 1.45, 1.50, 1.53, 1.56, etc	
High Jump Men + Youth Combined			
1	Ian Llarenas	Blazing Athletics of Lucban	2006
2	Luke Salamante	Blazing Athletics of Lucban	2003
3	Jun Paul C. Agudia	University of the Cordillera	2001
4	Brian Kent Celeste	VMUF	2001
9:00 AM	200M Youth Girls		
2	Sophia Lumanadas	LGU Lingayen	2009
3	Angelie Teorima	VMUF	2005
4	Daniela Peralta	VMUF	2008
5	Jessica Villar	ACNHS Trackers	2006
6	Daisy Cabrera	LGU Lingayen	2006
7	Rianna Louise Estillore	Umingan	Y

8	Queen Leonin	Umingan	Y
9:05 AM	200M Women	5W	
3	Jeneth Bautista	VMUF	2000
4	Abegail Cabanada	VMUF	2002
5	Lilia Canta	VMUF	2002
9:10 AM	200M Youth Boys (Heat 1)		
9:15 AM	200M Youth Boys (Heat 2)		
9:20 AM	200M Youth Boys (Heat 3)		
	Heat 1		
2	John Raymark Acosta	Vigor Hearts	Y
3	Jolo Mondero	LGU Lingayen	2007
4	Renier Ranges	VMUF	2005
5	Francis Ganela	Laoag	2005
6	Zach Lesley Ancheta	ACNHS Trackers	2007
7	Ronnel Aquino	Umingan	Y
	Heat 2		
2	Jefferson Alambra	Umingan	Y
3	JanDeo Correa	LGU Lingayen	2005
4	Redz Banaag	VMUF	2005
5	John Jacob Gatase	Umingan	Y
6	Angelo Camacho	Team Agoo - La Union	2007
7	Christian Patrick Ulanday	LGU Lingayen	2007
	Heat 3		
3	Keru Vinluan	LGU Lingayen	2007
4	Aaron Delos Santos	VMUF	2006
5	Rjay Velasco	LGU Lingayen	2005
6	Darwin Apiado	Umingan	Y

7	Dwayne L. Bustillo	LGU Lingayen	2006
8	Rodel Gervacio	Umingan	Y
9:25 AM	200M Men (Heat 1)		
9:30 AM	200M Men (Heat 2)		
	Heat 1		
3	Guhan De Luna Garcia	VMUF	2003
4	Gio De Vera	VMUF	2001
5	Jerome Fernandez	LGU Lingayen	1994
6	Richard Jeon Caralipo	San Fernando City	
7	Bradley Sumad-en	University of the Cordillera	2001
	Heat 2		
2	Jericho Mendiona	VMUF	
3	Edriel Gabriel Flores	San Fernando City	
4	Feller De Ramos	VMUF	1997
5	Raymart Mendoza	LGU Lingayen	2000
6	Piolo DS Carcido	LGU Lingayen	2004
9:30 AM	High Jump Female		
	High Jump Women	1.20, 1.25, 1.30, 1.33 eta.	
1	Lilia Canta	VMUF	O
2	Irene G. Guzman	University of the Cordillera	2001
3	Collyne Ryn Duyot	University of the Cordillera	2003
4	Carlrose C.Estigoy	University of the Cordillera	2002
9:40 AM	800M Women Combined		
	800m Women Open + Youth Combined		
1	Shane Carolino	VMUF	2002
2	Mary Ann Delos Reyes	VMUF	2002
3	Kylla Marie Farinas	Vigor Hearts	2003

4	Anna Eugenio	ACNHS Trackers	2005
5	Lady Cacatian	Umingan	Y
6	Anjelene Cacatian	Umingan	Y
7	Mary Rose Frias	VMUF	2005
8	Aleah Joy Camarao	Umingan	Y
8	Jacqueline Antonio	Umingan	Y
9:50 AM	800M Youth Boys (Heat 1)	8	
10:00 AM	800M Youth Boys (Heat 2)	7	
Heat 1			
1	Ian Llarenas	Blazing Athletics of Lucban	2006
2	Romeo Milanés	Team Agoo - La Union	2005
3	Julius Tolentino	Vigor Hearts	2007
4	Karlo Soloman	LGU Lingayen	2005
5	Jeff Mondero	LGU Lingayen	2006
6	Sean Clifford Velasco	ACNHS Trackers	2008
7	Sheldon Tolentino	Umingan	Y
8	Mark Orpiano	Umingan	Y
Heat 2			
1	John Mondero	LGU Lingayen	2012
2	Rjay Velasco	LGU Lingayen	2005
3	Ding C. Sobrera	Umingan	Y
4	Henry Cipriano	Umingan	Y
5	Daniel Milagrosa	Umingan	Y
6	Mcreaden Romero	Umingan	Y
7	Alvin Roman	Umingan	Y
10:10 AM	800M Men Open	10M	
800m Men			
1	Vince Oblefias	Blazing Athletics of Lucban	2002
2	Manuel San Juan	Blazing Athletics of Lucban	2000

3	Edu Garibay	VMUF	O
4	Divincio Soriono	LGU Lingayen	2004
5	Fernando Reyes	San Fernando City	O
6	Edmar Fontanilla	San Fernando City	O
7	Junielle Visaya	San Fernando City	O
8	PJ Anical	VMUF	O
10:20 AM	4x100 Womens Combined	3W + 2Y	
4x100 Women Open and Youth Combined			
3	VMUF Youth Team	Frias, Teorima, Peralta, Macaraeg	
4	Umingan Youth Team		
5	VMUF	Jeneth, Abe, Erika, Shane	
6	University of the Cordillera		
10:30 AM	4x100 Mens Combined	4M + 2Y	
3	Umingan Youth Team		Y
4	VMUF		Y
5	Blazing Athletics of Lucban		O
6	LGU Lingayen		O
7	University of the Cordillera		O
PM SESSION			
2:00 PM	Triple Jump Womens Combined		3 Jumps
1	Erika Fortin	VMUF	2000
2	Abegail Cabanada	VMUF	2002
3	Irene G. Guzman	University of the Cordillera	2001
4	Collyne Ryn Duyot	University of the Cordillera	2003
5	Thryxen Fabe Alfonso	University of the Cordillera	O
7	Venus Macaraeg	VMUF	2006
8	Geremae Domalanta	Vigor Hearts	2005

9	Leslie Villauneva	Umingan	Y
2:00 PM	400M Womens Combined		
1	Geremae Domalanta	Vigor Hearts	2005
2	Anna Eugenio	ACNHS Trackers	2005
3	Shane Carolino	VMUF	2002
4	Jessica Villar	ACNHS Trackers	2006
5	Mary Ann Delos Reyes	VMUF	2002
6	Angel Azur	Umingan	Y
2:10 PM	400M Youth Boys (Heat 1)		
2:20 PM	400M Youth Boys (Heat 2)		
	Heat 1		
1	Karlo Soloman	LGU Lingayen	2005
2	Sheldon Tolentino	Umingan	
3	Mark Gabriel Esquillo	Blazing Athletics of Lucban	2008
4	Renier Ranges	VMUF	
5	Jolo Mondero	LGU Lingayen	
6	Zach Lesley Ancheta	ACNHS Trackers	2007
7	John Raymark Acosta	Vigor Hearts	
8	John Jacob Gatase	Umingan	Y
	Heat 2		
1	Henry Cipriano	Umingan	
2	Dwayne L. Bustillo	LGU Lingayen	2006
3	Christian Patrick Ulanday	LGU Lingayen	2007
4	Aaron Delos Santos	VMUF	
5	Rjay Velasco	LGU Lingayen	2005
6	Darwin Apiado	Umingan	
7	Christer Almerol	Umingan	
8	John Mondero	LGU Lingayen	2012

2:30 PM	400M Men Open		
400m Men			
1	Sander Bello	LGU Lingayen	
2	Vince Oblefias	Blazing Athletics of Lucban	2002
3	Lloyd Velasco	VMUF	
4	Guhan De Luna Garcia	VMUF	2003
5	Manuel San Juan	Blazing Athletics of Lucban	2000
6	Marc Banlao	ACNHS Trackers	
7	Piolo DS Carcido	LGU Lingayen	2004
3:00 PM	1500M Womens Combined		
1	Kylla Marie Farinas	Vigor Hearts	2003
2	Mary Rose Frias	VMUF	2005
3	Sophia Lumanadas	LGU Lingayen	2009
4	Lady Cacatian	Umingan	Y
5	Anjelene Cacatian	Umingan	Y
6	Jacqueline Antonio	Umingan	Y
3:00 PM	Triple Jump Mens + Youth Combined		3 Jumps
1	Luke Salamante	Blazing Athletics of Lucban	2003
2	Manuel San Juan	Blazing Athletics of Lucban	2000
3	Dave Celino	VMUF	O
4	Jhomar Saculles	Vigor Hearts	2000
5	Rehiel Angiwan	University of the Cordillera	2000
6	Jun Paul C. Agudia	University of the Cordillera	2001
7	Ian Llarenas	Blazing Athletics of Lucban	2006
8	Jhon Carl Tanola	Blazing Athletics of Lucban	2008
9	Joshua Costales	Vigor Hearts	Y
12	Samuel Bacoy	Umingan	Y
13	Mark Niel Patromonio	Umingan	Y

3:10 PM	1500M Youth Boys		
1	Paul Andrei Balmeo	Blazing Athletics of Lucban	2006
2	Mark Gabriel Esquillo	Blazing Athletics of Lucban	2008
3	Ian Llarenas	Blazing Athletics of Lucban	2006
4	Jhon Carl Tanola	Blazing Athletics of Lucban	2008
5	James Gatalian	Team Agoo - La Union	2005
6	Manny Lagliva	Team Agoo - La Union	2005
7	Julius Tolentino	Vigor Hearts	2007
8	Karlo Soloman	LGU Lingayen	2005
9	Jeff Mondero	LGU Lingayen	2006
10	Mark Justin Dela Cruz	LGU Lingayen	2005
11	Sean Clifford Velasco	ACNHS Trackers	2008
12	Mark Orpiano	Umingan	Y
13	Ding C. Sobrera	Umingan	Y
14	Brandon Corpuz	Team Agoo - La Union	2009
15	Mcreaden Romero	Umingan	Y
16	Alvin Roman	Umingan	Y
3:20 PM	1500M Men Open		
1	PJ Anical	VMUF	O
2	Edu Garibay	VMUF	O
3	Cymon Richard De Jesus	Vigor Hearts / SJAB	O
4	Sander Bello	LGU Lingayen	O
5	Ezekial John Garcia	San Fernando City	O
6	Fernando Reyes	San Fernando City	O
4:00 PM	4x400 Women		
3	VMUF	Jeneth, Shane, Mary-Ann, Abe	
4	VMUF Youth Team	Frias, Teorima, Peralta, Macaraeg	
5	Umigan Youth Team		
4:00 PM	Shotput Women (4kg)		3 Throws

Shotput Women and Youth Combined (4kg)			
1	Jefanie B. Giwa-en	University of the Cordillera	2000
2	Cleofe Bagto	University of the Cordillera	O
3	Aleah Joy Camarao	Umingan	Y
	Shotput Youth Men (5kg)		3 Throws
1	Jay John Lacbawan	Team Agoo - La Union	2007
2	Vincent Yanguas	ACNHS Trackers	2006
3	John Denver Macabio	Umingan	Y
4	Danne Bucasas	Umingan	Y
	Shotput Open Men (7.26kg)		3 Throws
Shotput Men (7.26kg)			
1	Joseph M. Balastigue	LGU Lingayen	2004
2	Brent Pasic	University of the Cordillera	O
3	Clarence Pasic	University of the Cordillera	O
4	Arjay Rios	VMUF	O
4:10 PM	4x400 Men		
4x400 Men and Youth Combined			
2	Umingan Youth Team		Y
3	Blazing Athletics of Lucban Youth		Y
4	San Fernando City		O
5	VMUF		O
6	LGU Lingayen		O