

PinoyAthletics Pangasinan Open Championships Lingayen May 21

LANE DRAW/JUMP ORDER	NAME	TEAM	MARK	HEAT	PL	NB	SB	PB	YOB
100 Men Open									
1	Guhan De Luna Garcia	VMUF/PinoyAthletics Elite	11.03	2	1	PB	11.09	11.09	2003
2	Gio De Vera	VMUF/PinoyAthletics Elite	11.09	1	1		11.05	10.96	2001
3	Jaymark Estrada	PAMMA	11.23	1	2	PB	11.29	11.24	2002
4	Denmark Dacunes	Caloocan Supremo	11.33	1	3		11.08	11.08	2003
5	Mark Lipa	Baguio City	11.36	1	4	SB	11.99	10.95	
6	Charlie Ferrer	Baguio City	11.73	1	5	PB			
7	John Crescencia	Baguio City	11.70	2	2		11.37	11.02	2001
8	Retchie Ferrer	Baguio City	12.50	2	3	PB			
9	John Christopher Ibus	Tuguegarao City	12.90	2	4	PB			
10	Edward Zamudio	Baguio City	12.99	2	5			11.47	
	Xavier Cabatana	Tuguegarao City	DNS	1	6				2000
	Arjay Melendez	PAMMA	DNS						
Junior									
1	Francis Ganela	Laoag Athletic	11.83			PB	12.04	11.90	2005
2	Rodel Gervacio	Umingan Team	12.37			PB			JR
3	Jommy Tremor	PAMMA	12.40			PB	12.54	12.54	2005
4	Ronel Aquino	Umingan Team	12.83			PB			JR
	Renier Ranges	VMUF/PinoyAthletics Elite	DQ-FS				11.07	11.07	2005
	Angelo Munoz	VMUF/PinoyAthletics Elite	DQ-FS				11.36	11.36	2004
200M Mens Open									
1	Guhan De Luna Garcia	VMUF/PinoyAthletics Elite	22.66	1	1		22.16	22.16	2003
2	Gio De Vera	VMUF/PinoyAthletics Elite	22.79	1	2	PB	23.03	22.88	2001
3	Denmark Dacunes	Caloocan Supremo	23.47	1	3	SB	23.63	22.22	2003
4	Mark Lipa	Baguio City	23.57	1	5	PB	23.44	23.44	
5	Gian Michael Mones	Baguio City	23.60	1	4	SB	23.29	22.40	
6	Jaymark Estrada	PAMMA	24.30	1	6		23.34	23.34	
7	Charlie Ferrer	Baguio City	24.32	1	7		23.30	23.30	

PinoyAthletics Pangasinan Open Championships Lingayen May 21

LANE DRAW/JUMP ORDER	NAME	TEAM	MARK	HEAT	PL	NB	SB	PB	YOB
8	Arjay Melendez	PAMMA	26.15	2	1				
9	Retchie Ferrer	Baguio City	26.62	2	2				
	Xavier Cabatana	Tuguegarao City	DNS						2000
	Edward Zamudio	Baguio City	DNS						
Junior									
1	Francis Ganela	Laoag Athletics	24.60			PB	25.10	25.10	2005
2	Jommy Tremor	PAMMA	26.22				26.14	26.14	2005
3	Rodel Gervacio	Umingan Team	26.67			PB			JR
4	Ronel Aquino	Umingan Team	28.13			PB			JR
400M									
1	Hussein Lorana	Baguio City	52.50				51.90	51.90	JUNIOR
2	Rucher Lucero	Baguio City	53.20			PB			
3	Edu Garibay	VMUF/PinoyAthletics Elite	54.20			PB	56.03	56.03	2004
4	Denmark Dacunes	Caloocan Supremo	54.87			SB		51.00	
5	John Christopher Ibus	Tuguegarao City	1.01.43			PB			
6	Sheldon Tolentino	Umingan Team	1.08.43			PB			JUNIOR
	Edward Zamudio	Baguio City	DNS						
	Gian Michael Mones	Baguio City	DNS						
	Dexter Bilches	Unattached	DNS						
800M OPEN									
1	Louie Agawa	Unattached	2:04.23			SB		1:57.00	
2	Rucher Lucero	Baguio City	2:08.97				2:06.43	2:06.43	
3	Gian Clava	Maasin City Tigers	2:21.90			SB		1:58.00	2003
4	John Christopher Ibus	Tuguegarao City	NT						
800M JUNIOR									
1	Hussein Lorana	Baguio City	2:01.0			PB	2:01.12	2:01.12	2004

PinoyAthletics Pangasinan Open Championships Lingayen May 21

LANE DRAW/JUMP ORDER	NAME	TEAM	MARK	HEAT	PL	NB	SB	PB	YOB
2	Hassan Lorana	Baguio City	2:16.0				2:07.00	2:07.00	JUNIOR
3	Sheldon Tolentino	Umingan Team	NT						JUNIOR
4	Mark Orpiano	Umingan Team	NT						JUNIOR
5	Christopher Almerol	Umingan Team	NT						JUNIOR
1500M									
1	Louie Agawa	Unattached	4:10.23				4:03.00	4:03.00	
2	Arlan Arbois	BBG/South Cotobato	4:12.77			PB	4:15.65	4:15.65	
3	Hassan Lorana	Baguio City	4:38.70			PB	4:41.70	4:41.70	2005
4	Gian Clava	Maasin City Tigers	4:46.40			PB			
5	John Paul Sarain	Caloocan Supremo	5:11.60			PB			
6	Gabriel Oxales	VMUF	5:34.96			PB			
7	Mark Orpiano	Umingan Team	5:43.10			PB			
8	Christopher Almerol	Umingan Team	5:49.07			PB			
3000M									
1	Arlan Arbois	BBG/South Cotobato	9:09.5			PB			1997
2	Hassan Lorana	Baguio City	10:17.2			PB			2005
3	John Paul Sarain	Caloocan Supremo	11:04.4			PB			2003
4	Geriz Coralde	Baguio City	11:56.3			PB			
	Gian Clava	Tugegarao City	DNS						2003
4x100m									
1	Angelo Munoz	VMUF/PinoyAthletics Elite	43.07						
	Guhan De Luna Garcia	VMUF/PinoyAthletics Elite							
	Renier Ranges	VMUF/PinoyAthletics Elite							
	Gio De Vera	VMUF/PinoyAthletics Elite							
2	Gian Michael Mones	Baguio City	46.79						
	Mark Lipa	Baguio City							
	Joshua Abad	Baguio City							

PinoyAthletics Pangasinan Open Championships Lingayen May 21

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	John Crescencia	Baguio City							
	Retchie Ferrer	Baguio City							
3		Combinded Team	46.80						
4		Umingan	51.84						
4x400m									
1	Hussein Lorana	Baguio City	3:32.30						
	Mark Lipa	Baguio City							
	Rucher Lucero	Baguio City							
	Louie Agawa	Baguio City							
2	Gio De Vera	VMUF	3:33.57			51.9			
	Edu Garibay	VMUF				55.2			
	Gabriel Oxales	VMUF				57.1			
	Guhan De Luna Garcia	VMUF				49.5			
3	Sheldon Tolentino	Umingan Team	5:26.00						
	Rodel Gervacio	Umingan Team							
	Mark Orpiano	Umingan Team							
	Ronel Aquino	Umingan Team							
	Christopher Almerol	Umingan Team							
Long Jump									
1	Charlie Ferrer	Baguio City	6.67m			SB	6.15m	6.78m	
2	Xavier Cabatana	Tuguegarao City	6.07m			SB	6.04m	7.00m	2000
3	Dave Celino	VMUF	6.05m				6.32m	6.32m	
4	Edgar Martinez	Baguio City	5.21m						
5	Armando Cabanilla	Baguio City	5.20m						
6	Terry Quezon	Baguio City	5.18m				5.70m	5.70m	
7	Rabina Aljon Jay	Anda	X						2001
Triple Jump									

PinoyAthletics Pangasinan Open Championships Lingayen May 21

LANE DRAW/JUMP ORDER	NAME	TEAM	MARK	HEAT	PL	NB	SB	PB	YOB
1	Rabina Aljon Jay	Anda	13.28m			PB			2001
2	Xavier Cabatana	Tugegarao City	12.90m				13.12m	14.00m	2000
3	Edgar Martinez	Baguio City	12.43m			PB	12.13m	12.13m	
4	Dave Celino	VMUF	11.10m			PB			
5	Terry Quezon	Baguio City	10.73m				12.50m	12.50m	
100M - Womens Open									
1	Jeneth Bautista	VMUF/PinoyAthletics Elite	13.12				12.82	12.82	2000
2	Kaizelle Vergara	Baguio City	13.83			SB		12.70	
3	Erika Fortin	VMUF	14.03				13.36	13.36	2000
4	Patricia Lobos	Caloocan Supremo	14.23			SB		12.60	2001
100M - Womens Junior									
1	Venus Macaraeg	VMUF	13.64			PB	13.80	13.80	2006
2	Almera Delmendo	Caloocan Supremo	15.00				14.86	14.86	2006
3	Leslie Villauneva	Umingan Team	15.45			PB			JR
4	Angel Azur	Umingan Team	16.10			PB			JR
200M									
1	Jeneth Bautista	VMUF/PinoyAthletics Elite	27.25				26.55	26.55	2000
2	Kaizelle Vergara	Baguio City	28.29			SB		26.00	
3	Patricia Lobos	Caloocan Supremo	29.70			SB		26.00	2001
	Erika Fortin	VMUF	DNS						2000
Junior									
1	Almera Delmendo	Caloocan Supremo	32.22			PB	48.43	48.43	2006
2	Angel Azur	Umingan Team	34.50			PB			JR
3	Leslie Villauneva	Umingan Team	35.77			PB			JR
	Venus Macaraeg	VMUF	DNS						2006

PinoyAthletics Pangasinan Open Championships Lingayen May 21

LANE DRAW/JUMP ORDER	NAME	TEAM	MARK	HEAT	PL	NB	SB	PB	YOB
400M									
1	Jeneth Bautista	VMUF/PinoyAthletics Elite	1:02.20			SB	1.02.40	1.01.50	2000
2	Shane Carolino	VMUF	1:03.07				1.02.85	1.02.85	2002
3	Mary Grace Zamudio	Baguio City	1:03.67			SB		1.00.50	
4	Mary Rose Frias	VMUF/PinoyAthletics Elite	1:04.59			PB	1.05.80	1.05.80	2005
800M									
1	Mary Grace Zamudio	Baguio City	2:29.17				2.28.29	2.17.5	
2	Shane Carolino	VMUF	2:31.73			PB	2.32.53	2.32.53	
3	Azmirah Chung-ao	Baguio City	2:52.50			PB			
4	Lady AJ Andrea Cacation	Umingan Team	3:05.97			PB			
5	Jasmine Bartolome	Umingan Team	3:11.90			PB			JUNIOR
1500M									
1	Angel Mae Saysay	Baguio City	5:25.17				5.24.66	5.24.66	JUNIOR
2	Erica Maive Bulatao	Baguio City	5:31.63			PB			
3	Anicah Sayran Sadoquen	Baguio City	5:46.30			PB			
4	Azmirah Chung-ao	Baguio City	6.19.33				6.16.69	6.16.69	
5	Lady AJ Andrea Cacation	Umingan Team	6.23.90			PB			JUNIOR
6	Jazmine Bartolome	Umingan Team	DNS						JUNIOR
3000M									
1	Angel Mae Saysay	Baguio City	12:01.3			SB		10:50.0	
2	Erica Maive Bulatao	Baguio City	12:26.5			PB			
3	Anicah Sayran Sadoquen	Baguio City	12:48.1			SB		10:50.0	JUNIOR
4	Lady AJ Andrea Cacation	Umingan Team	14:25.5			PB			JUNIOR
Long Jump									
1	Erika Fortin	VMUF	4.91m				5.07m	5.07m	
2	Irish Mandani	Baguio City	4.75m			PB	4.61m	4.61m	

PinoyAthletics Pangasinan Open Championships Lingayen May 21

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3	Venus Macaraeg	VMUF	4.45m				4.52m	4.52m	2006
4	Collyne Ryn Duyot	Baguio City	3.99m			PB			
5	Almera Delmendo	Caloocan Supremo	3.67m				3.75m	3.75m	2006
	Kaizelle Vergara	Baguio City	DNS						
Triple Jump									
1	Erika Fortin	VMUF	10.64m			PB			
2	Irish Mandani	Baguio City	10.05m			PB			
3	Erika Marquez	Baguio City	9.20m				9.60m	9.60m	
	Collyne Ryn Duyot	Baguio City	DNS						
	Kaizelle Vergara	Baguio City	DNS						
	Venus Macaraeg	VMUF	DNS						
4x100									
1	Jeneth Bautista	VMUF	52.5						
	Erika Fortin	VMUF							
	Venus Macaraeg	VMUF							
	Shane Carolino	VMUF							
2	Irish Mandani	Baguio City	53.7						
	Mary Grace Zamudio	Baguio City							
	Erika Marquez	Baguio City							
	Kaizelle Vergara	Baguio City							
3	Lady Andrea Cagation	Umingan Team	1:03.9						
	Jazmin Bartolome	Umingan Team							
	Angel Azur	Umingan Team							
	Leslie Villauneva	Umingan Team							
4x400									
1	Shane Carolino	VMUF	4:22.50			1.04.3			
	Mary Rose Frias	VMUF				1.05.4			

PinoyAthletics Pangasinan Open Championships Lingayen May 21

LANE DRAW/JUMP ORDER	NAME	TEAM	MARK	HEAT	PL	NB	SB	PB	YOB
	Erika Fortin	VMUF				1.07.7			
	Jeneth Bautista	VMUF				1.05.5			
2	Anicah Sayran Sadoquen	Baguio City	4:31.47						
	Mary Grace Zamudio	Baguio City							
	Kaizelle Vergara	Baguio City							
	Erica Maive Bulatao	Baguio City							
3	Lady Andrea Cacation	Umingan Team	5:39.20						
	Jazmin Bartolome	Umingan Team							
	Angel Azur	Umingan Team							
	Leslie Villauneva	Umingan Team							
3k Walk									
1	Alana Halaguena	Pasig City Grassroots	17:01.4			SB			
2	Jane Buizon	VMUF	17:57.3				17:29.0	17:29.0	2004
3	Felicity Jayne Lorenzo	Baguio City	20:47.4			PB			JUNIOR
4	Collyne Ryn Duyot	Baguio City	23:12.1			PB			
<u>SCHEDULE MAY 21</u>									
7:00 AM	Womens 3000m Walks	1							
7:00 AM	MENS TRIPLE JUMP								
7:30 AM	3K MEN	1							
8:00 AM	3K WOMEN	1							
8:30 AM	100M MENS/BOYS	2+1							
8:45 AM	100M WOMENS/GIRLS	1+1							
9:00 AM	800M WOMEN/MEN	1+1							
9:30 AM	200 MEN/JUNIOR	2+1							
9:45 AM	200M WOMEN/JUNIOR	1+1							
10:00 AM	WOMENS TRIPLE JUMP								
10:45 AM	4X100 MEN/WOMEN	1+1							

PinoyAthletics Pangasinan Open Championships Lingayen May 21

LANE DRAW/JUMP ORDER	NAME	TEAM	MARK	HEAT	PL	NB	SB	PB	YOB
11:00 AM	LUNCH BREAK								
1:00 PM	400 MEN/WOMEN	1+1							
1:00 PM	MENS TRIPLE JUMP								
1:30 PM	1500 MEN/WOMEN	1+1							
2:00 PM	WOMENS TRIPLE JUMP								
3:30 PM	4X400 WOMEN								
	4X400 MEN								

PinoyAthletics Pangasinan Open Championships Lingayen May 21

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