

#	NAME	TEAM	SB	PB	YOB	NOTES
PinoyAthletics Invitational and Final Trial for Palaro May 7, 2022 Lingayen, Pangasinan						
7:30AM START						
<u>WOMENS</u>						
LONG JUMP						
1	Venus Macaraeg	VMUF	4.52m	4.27m	4.27m	2006 PB
2	Almera Delmendo	CALOOCAN SUPREMO	4.11m	3.75m	3.75m	2006 PB
<u>MENS</u>						
LONG JUMP						
1	Dave Celino	VMUF	6.32m			
2	Prince Alnes Victorio	DAGUPAN	5.58m			
3000M						
1	Cymon De Jesus	CALOOCAN SUPREMO	10:15.8	10:06	10:06	2004
2	Wilson Ferrer	DAGUPAN	11:47.4			
200M						
1	Gio De Vera	VMUF/PinoyAthletics Elite	22.87	23.03	22.89	2001 PB
2	Renier Ranges	VMUF/PinoyAthletics Elite	22.93	22.90	22.90	2005
3	Angelo Munoz	VMUF/PinoyAthletics Elite	23.96	24.90	24.04	2004 PB
4	Ashley Mara	CALOOCAN SUPREMO	25.40	NM	27.00	2006 PB
5	Jommy Tremor	DAGUPAN	26.80	26.14	26.14	
6	Nathaniel Cruz	DAGUPAN	26.83	NT	NT	PB
	Jaymark Estrada	DAGUPAN	DQ	23.34	23.34	2002 False Start
800M						
1	Edu Garibay	VMUF/PinoyAthletics Elite	2:03.20	2:04.99	2:04.99	2004 PB
2	Cymon De Jesus	CALOOCAN SUPREMO	DNS			2005

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<u>MENS</u>						
800M						
1	Benjie Duhac	Bayugan City	2:07.00		2001	
2	John Paul Es-oro	Buenavista	2:08.37		2005	PB / Palaro Qualifying
3000M						
1	John Paul Es-oro	Buenavista	10:38.03		2005	PB
Long Jump						
1	Lloyd Virgel Villareal	Buenavista	6.14m		2004	PB
2	James Clarence Gonzales	Buenavista	5.36m		2004	
Triple Jump						
1	James Clarence Gonzales	Buenavista	11.44m		2004	
Javelin						
1	Junard Labador	Buenavista	45.12m		2005	700G
<u>WOMENS</u>						
800M						
1	Judilyn Imprón	Buenavista	2:56.30		2004	PB
3000M						
1	Judilyn Imprón	Buenavista	14:03.64		2004	
Long Jump						
1	Rosebel Balingit	Buenavista	4.67m		2005	PB
Triple Jump						

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1	Rosebel Balingit	Buenvista	10.76m			2005	PB
Balubal May 7							
400m							
1	Rizelle Paras	Balubal	1:20			2006	PB