

# 82ND SINGAPORE OPEN TRACK & FIELD CHAMPIONSHIPS 2022

Singapore,  
Home of Athletics  
Host: Singapore Athletics  
16/4/2022 - 17/4/2022



OFFICIAL MEET REPORT  
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## RESULTS

### #5 Men's Shot Put (Open)

National Record 17.44m  
Sg Open CR 17.78m

8:30 AM (Day 1):

Pl	Name	Age	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
1	MANTUA, JOHN ALBERT	30	PHILIPPINES	17.33m	16.27	17.32	16.58	17.33	17.04	FOUL
2	MORRISON, WILLIAM EDWAR	26	PHILIPPINES	16.61m	15.88	FOUL	FOUL	FOUL	16.61	16.57
3	BIN ZOLKEFLI, Muhammad Ziy	32	MALAYSIA	16.54m	16.37	15.93	16.04	16.54	FOUL	15.75
4	LOONG DENG, FARM	22	MALAYSIA	16.44m	15.89	16.44	FOUL	16.02	15.79	16.22
5	YEE, Chun Wai, Eric	23	National Univ	12.92m	12.35	FOUL	12.21	12.92	FOUL	FOUL
6	CHUNG, Yew Weng	25	FAC	11.66m	FOUL	11.29	FOUL	11.21	10.83	11.66
7	XIAO, Hongyang	22	National Univ	11.43m	10.52	FOUL	11.02	11.13	11.24	11.43
8	UBAS, JANRY	28	PHILIPPINES	11.18m	10.10	10.32	10.96	11.18	11.07	FOUL
9	TAN, Ting Jun	25	National Univ	10.68m	10.68	10.57	FOUL			
	LOH, Aloysius	18	Wings Athleti	NM						

### #64-1 Women's Outdoor Heptathlon 100m Hurdles

National Record 13.88  
Sg Open CR 13.24

8:30 AM (Day 1):

Pl	Name	Age	Team	Time	Note	Pts
1	DEQUINAN, SARAH	26	PHILIPPINES	15.23		811
2	KAMARUDDIN, NORLIYANA	31	MALAYSIA	15.27		806
3	LIGMAYO, JOSEFA	26	PHILIPPINES	15.37		793
4	KHOO, Tyeisha Rene Misson	19	Singapore Sports Sc	15.75		745
5	TAN SHU-EN, Hannah Esther	23	Wings Athletics Club	15.79		740

### Women's Outdoor Heptathlon After 1 Events

Pl	Athlete	Age	Team	Points
1	DEQUINAN, SARA		PHILIPPINES	811
2	KAMARUDDIN, NO		MALAYSIA	806
3	LIGMAYO, JOSEFA		PHILIPPINES	793
4	KHOO, Tyeisha Ren		Singapore Sports Sc	745
5	TAN SHU-EN, Hann		Wings Athletics Club	740

### #64-2 Women's Outdoor Heptathlon High Jump

National Record 1.86m  
Sg Open CR 1.92m

9:15 AM (Day 1):

Pl	Name	Age	Team	Mark	1.40	1.43	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73	Pts
1	KAMARUDDIN, NORLIYANA	31	MALAYSIA	1.70m	P	P	P	O	P	O	O	O	O	XXX	855
2	DEQUINAN, SARAH	26	PHILIPPINES	1.64m	P	P	O	O	P	O	XO	XXX			783
3	LIGMAYO, JOSEFA	26	PHILIPPINES	1.64m	P	P	O	O	O	O	XXO	XXX			783
4	KHOO, Tyeisha Rene Misson	19	Singapore Sp	1.40m	XO	XXX									512
5	TAN SHU-EN, Hannah Esther	23	Wings Athleti	1.37m	XXX										481
Pl	Name	Age	Team	Mark	1.25	1.28	1.31	1.34	1.37						Pts

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### #64-2 Women's Outdoor Heptathlon High Jump (cont'd)

4	KHOO, Tyeisha Rene Misson	19	Singapore Sp	(cont'd)	O	P	O	XO	O	512
5	TAN SHU-EN, Hannah Esther	23	Wings Athleti	1.37m	P	P	P	O	O	481

### Women's Outdoor Heptathlon After 2 Events

Pl	Athlete	Age	Team	Points
1	KAMARUDDIN, NO		MALAYSIA	1661
2	DEQUINAN, SARA		PHILIPPINES	1594
3	LIGMAYO, JOSEFA		PHILIPPINES	1576
4	KHOO, Tyeisha Ren		Singapore Sports Sc	1257
5	TAN SHU-EN, Hann		Wings Athletics Club	1221

### #35 Men's 200 Meters (Open)

National Record 21.14  
Sg Open CR 20.86

9:30 AM (Day 1):

#### Prelims

Pl	Name	Age	Team	Time	Note	H(Pl)
1	MOHD FAHMI, MUHAMMAD AZEEM	18	MALAYSIA	21.78q	(+0.5)	2(1)
2	LOUIS, MARC BRIAN	20	Singapore	21.87q	(+0.5)	2(2)
3	LEE, REUBEN RAINER	20	Singapore	22.24q	(+0.5)	2(3)
4	NYEPA, JONATHAN	26	MALAYSIA	22.45q	(+0.5)	2(4)
5	TAN, ZONG YANG	28	Singapore	22.48q	(+0.5)	2(5)
6	RYAN, Praharsh	24	Nanyang Technologi	22.71q	(+0.5)	2(6)
7	TEH, Mitchell	25	National University S	22.86q	(-0.3)	1(1)
8	BULL, Jonathan	25	Wings Athletics Club	22.91q	(-0.3)	1(2)
9	TEOW, Alphonsus	23	National University S	23.26	(-0.3)	1(3)
	NG, CHIN HUI	28	Singapore	DNS		1
	CHNG, Elgene	24	National University S	DNS		1
	KHAN, Hassan	23	Nanyang Technologi	DNS		1

### #4 Women's High Jump (Open)

National Record 1.86m  
Sg Open CR 1.92m

10:30 AM (Day 1):

Pl	Name	Age	Team	Mark	1.65	1.70	1.75	1.78	1.81	1.84	1.87
1	SNG, Michelle	35	Swift	1.81m	O	O	O	O	XXO	X	XX
	SIM, Judith	33	Maxform	DNS							

### #12 Women's Javelin (Open)

National Record 51.66m  
Sg Open CR 55.39m

10:35 AM (Day 1):

Pl	Name	Age	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
1	PALABRICA, EVALYN	28	PHILIPPINES	45.81m	FOUL	41.15	42.61	44.17	43.05	45.81
2	DEQUINAN, SARAH	26	PHILIPPINES	45.08m	39.13	PASS	PASS	PASS	40.87	45.08
3	PHUA, Jaydene	18	Wings Athleti	31.06m	28.86	30.28	FOUL	26.43	31.06	30.53

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### #12 Women's Javelin (Open) (cont'd)

10:35 AM (Day 1):

PI Name	Age Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
4 SHANMUGARATNAM, Maya	26 Wings Athleti	29.68m	27.50	26.06	28.32	29.68	28.65	28.77
LIGMAYO, JOSEFA	26 PHILIPPINES	DNS						

### #29 Men's 110m Hurdles (Open)

National Record 13.97  
Sg Open CR 13.83

10:30 AM (Day 1):

Wind: (+0.6)

PI Name	Age Team	Time	Note
1 ANG, CHEN XIANG	28 Singapore	14.24	
2 VERGEL, ALVIN JOHN	25 PHILIPPINES	14.90	
3 UBAS, JANRY	28 PHILIPPINES	16.01	
CHONG, WEI GUAN	22 Singapore	DNS	

### #30 Women's 100m Hurdles (Open)

National Record 13.88  
Sg Open CR 13.24

10:50 AM (Day 1):

Wind: (+2.4)

PI Name	Age Team	Time	Note
1 NOVA, Emilia	27 Indonesia	13.74	
2 ESCOTON, MELISSA	25 PHILIPPINES	13.96	
3 ONG, KERSTIN	25 Singapore	14.99	
4 DEQUINAN, SARAH	26 PHILIPPINES	15.04	
5 LIGMAYO, JOSEFA	26 PHILIPPINES	15.13	

### #3 Men's High Jump (Open)

National Record 2.22m  
Sg Open CR 2.30m

1:50 PM (Day 1):

PI Name	Age Team	Mark	1.95	2.00	2.02	2.04	2.06	2.08	2.12	2.16	2.20	2.23	
1 KAM, KAMPTON	21 Singapore	2.20m	P	O	P	O	P	O	O	XXO	XXO	XXX	
2 UBAS, JANRY	28 PHILIPPINES	2.06m	O	O	P	O	O	XXX					
3 PAK, Andrew	20 Wings Athleti	2.04m	O	O	O	O	XXX						
PI Name	Age Team	Mark	1.90										
1 KAM, KAMPTON	21 Singapore	(cont'd)	O										
2 UBAS, JANRY	28 PHILIPPINES	(cont'd)	O										
3 PAK, Andrew	20 Wings Athleti	(cont'd)	O										

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### #64-3 Women's Outdoor Heptathlon Shot Put

National Record 18.57m  
Sg Open CR 18.74m

1:55 PM (Day 1):

Pl	Name	Age	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	KAMARUDDIN, NORLIYANA	31	MALAYSIA	11.69m	11.47	11.69	11.47	PASS	PASS	PASS	641
2	DEQUINAN, SARAH	26	PHILIPPINES	10.56m	9.66	10.56	9.24	PASS	PASS	PASS	566
3	LIGMAYO, JOSEFA	26	PHILIPPINES	10.08m	10.08	9.89	9.06	PASS	PASS	PASS	535
4	TAN SHU-EN, Hannah Esther	23	Wings Athleti	9.14m	8.58	8.83	9.14	PASS	PASS	PASS	473
5	KHOO, Tyeisha Rene Misson	19	Singapore Sp	7.43m	6.34	FOUL	7.43	PASS	PASS	PASS	363

### Women's Outdoor Heptathlon After 3 Events

Pl	Athlete	Age	Team	Points
1	KAMARUDDIN, NO		MALAYSIA	2302
2	DEQUINAN, SARA		PHILIPPINES	2160
3	LIGMAYO, JOSEFA		PHILIPPINES	2111
4	TAN SHU-EN, Hann		Wings Athletics Club	1694
5	KHOO, Tyeisha Ren		Singapore Sports Sc	1620

### #25 Men's 400m Hurdles (Open)

National Record 51.73  
Sg Open CR 50.20

2:50 PM (Day 1):

Pl	Name	Age	Team	Time	Note
1	QUEK, CALVIN	26	Singapore	51.85	
2	EDWIN BINSAR, Halomoan	22	Indonesia	52.84	
3	MEDINA, FRANCIS	26	PHILIPPINES	53.20	
4	AMIR, Harith	20	Reactiv	1:02.81	

### #26 Women's 400m Hurdles (Open)

National Record 58.93  
Sg Open CR 56.66

3:10 PM (Day 1):

Pl	Name	Age	Team	Time	Note
1	GOH, Celeste	23	National University S	1:06.72	
2	TAN, Clencyce	23	Nanyang Technologi	1:10.35	
3	KANG, Pei Ling	25	Wings Athletics Club	1:12.97	

### #24 Women's Triple Jump (Open)

National Record 12.54m  
Sg Open CR 13.90m

3:15 PM (Day 1):

Pl	Name	Age	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
1	KHUDOYAROVA, ROKSANA	21	European Gol	13.76m (+2.1)	13.69 (+3.3)	13.35 (+0.0)	FOUL	FOUL	13.57 (+0.7)	13.76 (+2.1)
2	CHANDRU, Bhavika	18	Singapore Sp	11.02m (+1.4)	FOUL	10.79 (+1.5)	11.02 (+1.4)	10.57 (+1.2)	9.38 (+2.5)	10.87 (+1.1)
3	NG, Jing Ni	17	Singapore Sp	10.48m (+2.2)	FOUL	FOUL	10.48 (+2.2)	10.27 (+9.5)	FOUL	10.26 (+2.4)

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### #11 Men's Javelin (Open)

National Record 61.07m  
Sg Open CR 78.93m

3:30 PM (Day 1):

Pl Name	Age Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
1 CALANO, MELVIN	31 PHILIPPINES	66.23m	56.52	63.82	66.23	FOUL	FOUL	FOUL
2 WONG, Yijie Lucas	18 FAC	58.10m	47.26	53.87	58.10	54.16	FOUL	FOUL
3 NG KAI LEONG, Roy	19 FAC	47.44m	46.81	47.44	46.77	42.44	FOUL	FOUL
4 CHUA, Qi Long	18 FAC	42.77m	37.32	42.77	39.38	36.06	39.79	40.78
CHONG, Weng Teng, Zane	25 National Univ	DNS						
XIAO, Hongyang	22 National Univ	DNS						

### #36 Women's 200 Meters (Open)

National Record 23.60  
Sg Open CR 23.40

3:40 PM (Day 1):

Pl Name	Age Team	Time	Note
1 PEREIRA, VERONICA SHANTI	26 Singapore	24.58	
2 LIM, GWENDOLYN THERESE	20 Singapore	27.37	

### #35 Men's 200 Meters (Open)

National Record 21.14  
Sg Open CR 20.86

3:50 PM (Day 1):

Pl Name	Age Team	Time	Note
1 MOHD FAHMI, MUHAMMAD AZEEM	18 MALAYSIA	21.52	
2 LEE, REUBEN RAINER	20 Singapore	21.59	
3 BULL, Jonathan	25 Wings Athletics Club	23.13	
4 TAN, ZONG YANG	28 Singapore	31.57	YC-TR-
5 NYEPA, JONATHAN	26 MALAYSIA	31.62	YC-TR-
6 LOUIS, MARC BRIAN	20 Singapore	32.24	YC-TR-
RYAN, Praharsh	24 Nanyang Technologi	DNF	
TEH, Mitchell	25 National University S	DNS	

### #64-4 Women's Outdoor Heptathlon 200 Meters

National Record 23.60  
Sg Open CR 23.40

4:00 PM (Day 1):

Pl Name	Age Team	Time	Note	Pts
1 DEQUINAN, SARAH	26 PHILIPPINES	26.59		746
2 KAMARUDDIN, NORLIYANA	31 MALAYSIA	27.18		697
3 KHOO, Tyeisha Rene Misson	19 Singapore Sports Sc	27.34		684
4 LIGMAYO, JOSEFA	26 PHILIPPINES	27.73		652
5 TAN SHU-EN, Hannah Esther	23 Wings Athletics Club	28.76		572

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### Women's Outdoor Heptathlon After 4 Events

Pl	Athlete	Age	Team	Points
1	KAMARUDDIN, NO		MALAYSIA	2999
2	DEQUINAN, SARA		PHILIPPINES	2906
3	LIGMAYO, JOSEFA		PHILIPPINES	2763
4	KHOO, Tyeisha Ren		Singapore Sports Sc	2304
5	TAN SHU-EN, Hann		Wings Athletics Club	2266

### #23 Men's Triple Jump (Open)

National Record 16.04m  
Sg Open CR 16.94m

4:25 PM (Day 1):

Pl	Name	Age	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
1	DIONES, MARK HARRY	29	PHILIPPINES	15.69m (+4.2)	FOUL	15.28 (+1.9)	15.19 (+1.5)	15.65 (+0.4)	15.69 (+4.2)	15.57 (+2.3)
2	MALIPAY, RONNE	29	PHILIPPINES	15.58m (+2.1)	15.10 (+2.3)	FOUL	FOUL	15.58 (+2.1)	FOUL	15.26 (+2.6)
3	LEE, Gabriel	19	Wings Athleti	14.86m (+2.3)	14.86 (+2.3)	14.82 (+1.3)	FOUL	14.38 (+0.7)	PASS	FOUL
	ONG, Russell	18	Wings Athleti	NM						

### #17 Men's 1500 Meters (Open)

National Record 3:51.51  
Sg Open CR 3:45.00

5:00 PM (Day 1):

Pl	Name	Age	Team	Time	Note
1	KRISHNAN, PRABUDASS	32	MALAYSIA	3:54.23	
2	BRAZA, ALFRENCE	21	PHILIPPINES	3:59.19	
3	SOUNDARARAJAH, JEEVANEESH	29	Singapore	4:00.99	
4	MASANO, MARIANO	24	PHILIPPINES	4:10.52	
5	., MOHAMAD AMIRUL ARIF	22	MALAYSIA	4:15.85	
6	WALTON, David	18	Singapore Shufflers	4:17.85	
	HERR, Stefan	35	Singapore Shufflers	DNS	

### #2 Women's Long Jump (Open)

National Record 6.18m  
Sg Open CR 6.59m

8:45 AM (Day 2):

Pl	Name	Age	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
1	SANTOS, KATHERINE KHAY	32	PHILIPPINES	5.93m (+0.0)	FOUL	5.66 (+0.9)	FOUL	FOUL	FOUL	5.93 (+0.0)
2	KHUDOYAROVA, ROKSANA	21	European Gol	5.91m (+0.0)	5.89 (+1.5)	FOUL	5.86 (+1.0)	5.91 (+0.0)	FOUL	5.87 (+0.4)
3	MOHD ADZHAR, Marsya Syaz	16	Singapore Sp	5.09m (+0.0)	FOUL	FOUL	4.97 (+0.0)	5.09 (+0.0)	FOUL	
4	WEI LU, Ang	24	Swift	4.89m (+1.2)	4.62 (+0.1)	FOUL	4.85 (+0.8)	4.78 (+1.3)	4.89 (+1.2)	4.75 (+1.2)

### #64-5 Women's Outdoor Heptathlon Long Jump

National Record 6.18m  
Sg Open CR 6.59m

8:45 AM (Day 2):

Pl	Name	Age	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	KAMARUDDIN, NORLIYANA	31	MALAYSIA	5.41m (+0.0)	5.41 (+0.0)	FOUL	FOUL				674

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### #64-5 Women's Outdoor Heptathlon Long Jump (cont'd)

8:45 AM (Day 2):

Pl	Name	Age	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
2	DEQUINAN, SARAH	26	PHILIPPINES	5.37m (+0.0)	5.37 (+0.0)	FOUL	5.32 (+1.0)				663
3	LIGMAYO, JOSEFA	26	PHILIPPINES	5.34m (+1.4)	5.28 (+0.0)	5.25 (+1.1)	5.34 (+1.4)				654
4	TAN SHU-EN, Hannah Esther	23	Wings Athleti	5.03m (+0.1)	4.96 (+0.0)	4.95 (+0.1)	5.03 (+0.1)				567
5	KHOO, Tyeisha Rene Misson	19	Singapore Sp	4.98m (+0.0)	4.95 (+0.0)	4.98 (+0.0)	4.98 (+0.0)				554

### Women's Outdoor Heptathlon After 5 Events

Pl	Athlete	Age	Team	Points
1	KAMARUDDIN, NO		MALAYSIA	3673
2	DEQUINAN, SARA		PHILIPPINES	3569
3	LIGMAYO, JOSEFA		PHILIPPINES	3417
4	KHOO, Tyeisha Ren		Singapore Sports Sc	2858
5	TAN SHU-EN, Hann		Wings Athletics Club	2833

### #32 Women's Pole Vault (Open)

National Record 3.91m  
Sg Open CR 4.15m

9:00 AM (Day 2):

Pl	Name	Age	Team	Mark	3.00	3.20	3.40	3.60	3.80	3.90	4.00	4.10	4.20	4.33
1	UY, NATALIE ROSE	28	PHILIPPINES	4.20m	P	P	P	P	P	O	O	XO	XXO	XXX
2	YANG, RACHEL	40	Singapore	3.60m	P	P	O	O	XXX					
3	TAY, Esther	17	Club Zoom	3.00m	XO	XXX								
3	SIA, Cherlin	21	Club Zoom	3.00m	XO	XXX								
5	TAN, Shayne	19	Club Zoom	3.00m	XO	XXX								
6	TAN, Maxim	19	Wings Athleti	2.80m	XXX									
Pl	Name	Age	Team	Mark	2.60	2.80								
3	TAY, Esther	17	Club Zoom	(cont'd)	O	O								
5	TAN, Shayne	19	Club Zoom	(cont'd)	P	XO								
6	TAN, Maxim	19	Wings Athleti	2.80m	O	O								
	SHI, Jiayi Joey	22	Nanyang Tec	NH	XXX									

### #19 Men's 5000 Meters (Open)

National Record 14:44.21  
Sg Open CR 14:06.50

9:10 AM (Day 2):

Pl	Name	Age	Team	Time	Note
1	GURUNG, Subas	25	Wings Athletics Club	16:04.44	
2	BRAZA, ALFRENC	21	PHILIPPINES	16:47.74	
3	WALTON, David	18	Singapore Shufflers	17:29.71	
4	FOO, Gerald	24	National University S	18:27.58	
	KO, Keane	22	Club Zoom		DNS

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### #22 Women's Discus (Open)

National Record 49.91m  
Sg Open CR 57.82m

9:45 AM (Day 2):

Pl	Name	Age	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
1	KUNG NI, QUEENIE TING	25	MALAYSIA	46.27m	44.27	43.39	45.30	PASS	44.60	46.27
2	KANG NI, CHOO	28	MALAYSIA	44.11m	44.11	PASS	43.62	41.42	41.79	PASS
3	YEE WAI TENG, Melissa	24	Singapore Ins	33.82m	33.38	31.44	31.05	33.82	PASS	PASS

### #10 Women's 100 Meters (Open)

National Record 11.58  
Sg Open CR 11.69

9:55 AM (Day 2):

#### Prelims

Pl	Name	Age	Team	Time	Note	H(Pl)
1	VANESA LONTENG, Valentine	17	Indonesia	11.79q	(+0.3)	2(1)
2	PEREIRA, VERONICA SHANTI	26	Singapore	12.12q	(+0.3)	2(2)
3	LUZON-MEDINA, ELOISA	26	PHILIPPINES	12.33q	(+0.2)	1(1)
4	LIEW, BERNICE YEE LING	19	Singapore	12.46q	(+0.2)	1(2)
5	CHANDRAN, KUGAPRIYA	24	Singapore	12.53q	(+0.3)	2(3)
6	TAN, ELIZABETH ANN SHEE RU	19	Singapore	12.58q	(+0.3)	2(4)
7	ENRIQUEZ, ROXANNE ROSE ZULUETA	26	Singapore	12.72q	(+0.3)	2(5)
8	GOH, CLARA	22	Singapore	12.89q	(+0.3)	2(6)
9	ONG, KERSTIN	25	Singapore	12.95	(+0.2)	1(3)
10	LIM, GWENDOLYN THERESE	20	Singapore	13.36	(+0.2)	1(4)
11	TAN, SUI XIN	27	Erovra Club	13.72	(+0.2)	1(5)

### #9 Men's 100 Meters (Open)

National Record 10.37  
Sg Open CR 10.30

10:15 AM (Day 2):

#### Prelims

Pl	Name	Age	Team	Time	Note	H(Pl)
1	CHUA, JOSHUA	22	Singapore	10.74q	(-0.2)	3(1)
2	NYEPA, JONATHAN	26	MALAYSIA	10.80q	(-0.2)	3(2)
3	HANAFI, MUHAMMAD HAIQAL	23	MALAYSIA	10.83q	(-0.2)	3(3)
4	MD SAAT, MUHAMMAD ARSYAD	20	MALAYSIA	10.85q	(-0.2)	3(4)
5	LOUIS, MARC BRIAN	20	Singapore	10.88q	(-0.2)	3(5)
6	ISMAIL, MUHAMMAD ZULFIQAR	23	MALAYSIA	10.94q	(-0.2)	3(6)
7	KOE, IAN	23	Singapore	11.04q	(-0.2)	3(7)
8	TEH, Mitchell	25	National University S	11.09q	(-0.3)	2(1)
9	RAPHAEL, Ryan	19	Wings Athletics Club	11.11	(-0.3)	2(2)
10	UBAS, JANRY	28	PHILIPPINES	11.17	(-0.3)	2(3)
11	YEO, Gene	20	Reactiv	11.21	(-0.2)	1(1)
12	XANDER, HO ANN HENG	22	Singapore	11.25 11.246	(-0.2)	3(8)
13	TEOW, Alphonsus	23	National University S	11.25 11.249	(-0.2)	1(2)
14	CHNG, Elgene	24	National University S	11.32	(-0.2)	1(3)



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### #9 Men's 100 Meters (Open) (cont'd)

10:15 AM (Day 2):

#### Prelims

Pl	Name	Age	Team	Time	Note	H(Pl)
15	NICK, Neo	27	Regional Training C	11.33	(-0.2)	1(4)
16	ZULKHAIR, Muhd	25	Nanyang Technologi	11.38	(-0.2)	1(5)
17	BULL, Jonathan	25	Wings Athletics Club	11.42	(-0.2)	1(6)
18	NG, Bryan	22	National University S	11.46	(-0.2)	1(7)
19	GAN, Ian	20	Wings Athletics Club	11.49	(-0.3)	2(4)
20	DARYL, Tan Hong An	21	Team Cicada Tracke	11.58	(-0.3)	2(5)
	RYAN, Praharsh	24	Nanyang Technologi	DNS		1
	SING, HUI	25	Singapore	DNS		2
	TAN, Marcell	23	Regional Training C	DNS		2

### #13 Men's 400 Meters (Open)

National Record 47.02  
Sg Open CR 46.25

11:00 AM (Day 2):

#### Prelims

Pl	Name	Age	Team	Time	Note	H(Pl)
1	DEL PRADO, MICHAEL CARLO	27	PHILIPPINES	48.65q		2(1)
2	RAMIREZ, FREDERICK	24	PHILIPPINES	48.66q		2(2)
3	QUEK, CALVIN	26	Singapore	48.84q		2(3)
4	LABITA, ALRYHAN	21	PHILIPPINES	49.54q		1(1)
5	MEDINA, FRANCIS	26	PHILIPPINES	49.82q		1(2)
6	NG, CHIN HUI	28	Singapore	50.09q		2(4)
7	MUTHUKUMARAN, Raam Kumar	18	Singapore Sports Sc	51.17q		1(3)
8	BHARADWAJ, Akash Vijay	18	Swift	52.30q		1(4)
9	SUBASH, Kisen	24	Swift	52.83		1(5)
	TAN, ZONG YANG	28	Singapore	DNS		2

### #64-6 Women's Outdoor Heptathlon Javelin

National Record 51.66m  
Sg Open CR 55.39m

11:05 AM (Day 2):

Pl	Name	Age	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	DEQUINAN, SARAH	26	PHILIPPINES	43.36m	43.36	40.97	36.81				732
2	KAMARUDDIN, NORLIYANA	31	MALAYSIA	30.96m	26.43	30.96	FOUL				495
3	LIGMAYO, JOSEFA	26	PHILIPPINES	29.47m	FOUL	29.47	FOUL				467
4	TAN SHU-EN, Hannah Esther	23	Wings Athleti	22.30m	22.30	20.72	21.54				332
5	KHOO, Tyeisha Rene Misson	19	Singapore Sp	19.99m	18.21	18.14	19.99				289

### Women's Outdoor Heptathlon After 6 Events

Pl	Athlete	Age	Team	Points
1	DEQUINAN, SARA		PHILIPPINES	4301
2	KAMARUDDIN, NO		MALAYSIA	4168
3	LIGMAYO, JOSEFA		PHILIPPINES	3884

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### Women's Outdoor Heptathlon After 6 Events (cont'd)

Pl	Athlete	Age	Team	Points
4	TAN SHU-EN, Hann		Wings Athletics Club	3165
5	KHOO, Tyeisha Ren		Singapore Sports Sc	3147

### #1 Men's Long Jump (Open)

National Record 7.62m  
Sg Open CR 7.99m

1:30 PM (Day 2):

Pl	Name	Age	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
1	ANURA, ANDRE	23	MALAYSIA	7.60m (+1.2)	FOUL	FOUL	7.60 (+1.2)	6.95 (+0.5)	7.44 (+2.2)	FOUL
2	UBAS, JANRY	28	PHILIPPINES	7.52m (+0.0)	7.38 (+1.0)	7.52 (+0.0)	7.42 (+1.1)	7.46 (+1.1)	FOUL	7.49 (+1.2)
3	TOH, Tedd	20	Wings Athleti	6.93m (+1.6)	FOUL	6.77 (+1.0)	6.92 (+1.4)	6.60 (+1.4)	6.93 (+1.6)	6.72 (+0.0)
4	ZHUO, Zhe Heng Tertius	18	Singapore Sp	6.36m (+1.1)	FOUL	FOUL	6.34 (+1.8)	5.02 (+0.9)	6.36 (+1.1)	FOUL
5	ONG, Isaac	18	Wings Athleti	4.53m (+0.5)	PASS	FOUL	FOUL	FOUL	4.53 (+0.5)	FOUL

### #31 Men's Pole Vault (Open)

National Record 5.01m  
Sg Open CR 5.55m

2:00 PM (Day 2):

Pl	Name	Age	Team	Mark	3.90	4.10	4.30	4.50	4.60
1	KOH, Wei Shien	27	National Univ	4.50m	P	P	XO	O	XXX
2	WONG, Clevon	22	National Univ	4.50m	P	P	XO	XO	XXX
3	LOW, Jun Yu	21	Club Zoom	4.50m	P	P	O	XXO	XXX
4	ANG, Guo Jun	31	Club Zoom	4.30m	P	XXO	O	XX	X
	CHEONG, Joseph	15	Club Zoom	NH	XXX				
	WEE, Elliott	20	Club Zoom	NH	P	P	XXX		
	KOH, Aaron	27	Club Zoom	NH	P	P	P	XXX	
	CHUA, Oliver	18	Wings Athleti	NH					
	TEW, Enoch	17	Wings Athleti	NH					

### #10 Women's 100 Meters (Open)

National Record 11.58  
Sg Open CR 11.69

2:30 PM (Day 2):

#### Finals

Wind: (-0.8)

Pl	Name	Age	Team	Time	Note
1	VANESA LONTENG, Valentine	17	Indonesia	11.77	
2	PEREIRA, VERONICA SHANTI	26	Singapore	11.93	
3	LUZON-MEDINA, ELOISA	26	PHILIPPINES	12.40	
4	TAN, ELIZABETH ANN SHEE RU	19	Singapore	12.46	
5	CHANDRAN, KUGAPRIYA	24	Singapore	12.49	
6	LIEW, BERNICE YEE LING	19	Singapore	12.56	
7	ENRIQUEZ, ROXANNE ROSE ZULUETA	26	Singapore	12.77	
8	GOH, CLARA	22	Singapore	12.85	

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### #9 Men's 100 Meters (Open)

National Record 10.37  
Sg Open CR 10.30

2:40 PM (Day 2):

#### Finals

Wind: (-1.5)

Pl Name	Age Team	Time	Note
1 NYEPA, JONATHAN	26 MALAYSIA	10.66	
2 LOUIS, MARC BRIAN	20 Singapore	10.67	
3 HANAFI, MUHAMMAD HAIQAL	23 MALAYSIA	10.75	
4 MD SAAT, MUHAMMAD ARSYAD	20 MALAYSIA	10.77	
5 ISMAIL, MUHAMMAD ZULFIQAR	23 MALAYSIA	10.79	
6 CHUA, JOSHUA	22 Singapore	10.83	
7 KOE, IAN	23 Singapore	10.93	
8 TEH, Mitchell	25 National University S	11.21	

### #14 Women's 400 Meters (Open)

National Record 54.18  
Sg Open CR 52.17

4:40 PM (Day 2):

Pl Name	Age Team	Time	Note
1 LUMAPAS, JESSEL	22 PHILIPPINES	57.75	
2 SCHRIJVERS, MAUREEN EMILY	27 PHILIPPINES	59.03	
3 JANSSEN, Louisa Helena	19 Singapore Sports Sc	1:03.67	
4 HO, Zhi Ling	17 Wings Athletics Club	1:04.13	
HIA, Jing Lin, Alicia	20 National University S	DNS	

### #13 Men's 400 Meters (Open)

National Record 47.02  
Sg Open CR 46.25

4:50 PM (Day 2):

#### Finals

Pl Name	Age Team	Time	Note
1 QUEK, CALVIN	26 Singapore	48.25	
2 RAMIREZ, FREDERICK	24 PHILIPPINES	48.51	
3 LABITA, ALRYHAN	21 PHILIPPINES	49.99	
4 MUTHUKUMARAN, Raam Kumar	18 Singapore Sports Sc	51.47	
5 BHARADWAJ, Akash Vijay	18 Swift	52.70	
6 NG, CHIN HUI	28 Singapore	52.75	
MEDINA, FRANCIS	26 PHILIPPINES	DNF	
DEL PRADO, MICHAEL CARLO	27 PHILIPPINES	DNF	

### #21 Men's Discus (Open)

National Record 59.87m  
Sg Open CR 57.59m

4:55 PM (Day 2):

Pl Name	Age Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
1 SHAMSHUDDIN, MUHAMMAD	27 MALAYSIA	59.15m	59.15	57.54	56.82	56.70	FOUL	58.21

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### #21 Men's Discus (Open) (cont'd)

4:55 PM (Day 2):

Pl	Name	Age	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
2	MANTUA, JOHN ALBERT	30	PHILIPPINES	49.57m	49.57	48.97	46.21	47.23	46.73	46.53
3	YEE, Chun Wai, Eric	23	National Univ	47.67m	46.92	47.67	46.50	45.85	FOUL	46.40
4	TOH, Wei De	36	Wings Athleti	38.51m	38.24	38.51	37.85	37.82	FOUL	FOUL
5	TAN, Ting Jun	25	National Univ	34.97m	34.25	FOUL	31.73	34.40	34.01	34.97
	UBAS, JANRY	28	PHILIPPINES	NM						

### #38 Women's 800 Meters (Open)

National Record 2:07.40  
Sg Open CR 2:04.57

5:10 PM (Day 2):

Pl	Name	Age	Team	Time	Note
1	GAN KAI-LIN, Steffi	23	Singapore Institute o	2:35.43	
2	CHAM, SI NING	15	Erovra Club	2:36.34	
3	ELIZA, Koh	24	National University S	2:36.70	
4	NG, YEW CHEO	36	Cougar Athletic Asso	2:36.77	

### #37 Men's 800 Meters (Open)

National Record 1:49.90  
Sg Open CR 1:47.25

5:20 PM (Day 2):

Pl	Name	Age	Team	Time	Note
1	MURUGAN, AVINESHWER AUSTIN	20	MALAYSIA	1:55.14	
2	GIRON, EDWIN JR	23	PHILIPPINES	1:55.27	
3	FAYIZ, Mohamed Haja	33	Swift	1:59.29	
4	SUBASH, Kisen	24	Swift	2:05.17	
	HERR, Stefan	35	Singapore Shufflers	DNS	

### #64-7 Women's Outdoor Heptathlon 800 Meters

National Record 2:07.40  
Sg Open CR 2:04.57

5:40 PM (Day 2):

Pl	Name	Age	Team	Time	Note	Pts
1	KAMARUDDIN, NORLIYANA	31	MALAYSIA	2:28.89		707
2	DEQUINAN, SARAH	26	PHILIPPINES	2:28.91		707
3	LIGMAYO, JOSEFA	26	PHILIPPINES	2:37.49		602
4	KHOO, Tyeisha Rene Misson	19	Singapore Sports Sc	2:42.79		541
5	TAN SHU-EN, Hannah Esther	23	Wings Athletics Club	2:51.32		450

### Women's Outdoor Heptathlon After 7 Events

Pl	Athlete	Age	Team	Points
1	DEQUINAN, SARA		PHILIPPINES	5008
2	KAMARUDDIN, NO		MALAYSIA	4875
3	LIGMAYO, JOSEFA		PHILIPPINES	4486
4	KHOO, Tyeisha Ren		Singapore Sports Sc	3688

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### Women's Outdoor Heptathlon After 7 Events (cont'd)

Pl	Athlete	Age	Team	Points
5	TAN SHU-EN, Hann		Wings Athletics Club	3615

### #64 Women's Outdoor Heptathlon (Open)

Pl	Name	Age	Points	100H	High Jump	Shot Put	200	Long Jump	Javelin	800
1	DEQUINAN, SARA PHILIPPINES	26	5008	15.23 (+0.2)	1.64m	10.56m	26.59 (+0.7)	5.37m (+0.0)	43.36m	2:28.91
				811	783	566	746	663	732	707
2	KAMARUDDIN, NO MALAYSIA	31	4875	15.27 (+0.2)	1.70m	11.69m	27.18 (+0.7)	5.41m (+0.0)	30.96m	2:28.89
				806	855	641	697	674	495	707
3	LIGMAYO, JOSEFA PHILIPPINES	26	4486	15.37 (+0.2)	1.64m	10.08m	27.73 (+0.7)	5.34m (+1.4)	29.47m	2:37.49
				793	783	535	652	654	467	602
4	KHOO, Tyeisha Ren Singapore Sports Sc	19	3688	15.75 (+0.2)	1.40m	7.43m	27.34 (+0.7)	4.98m (+0.0)	19.99m	2:42.79
				745	512	363	684	554	289	541
5	TAN SHU-EN, Hann Wings Athletics Club	23	3615	15.79 (+0.2)	1.37m	9.14m	28.76 (+0.7)	5.03m (+0.1)	22.30m	2:51.32
				740	481	473	572	567	332	450

### #16 Women's 4 x 100m Relay (Open)

National Record 44.96  
Sg Open CR 44.60

5:50 PM (Day 2):

Pl	Team	Time	Note
1	Singapore (A) 1) PEREIRA, VERONICA SHANTI 3) CHANDRAN, KUGAPRIYA 2) TAN, ELIZABETH ANN SHEE RU 4) LIEW, BERNICE YEE LING	46.06	
2	PHILIPPINES (A) 1) LUZON-MEDINA, ELOISA 3) LUMAPAS, JESSEL 2) ESCOTON, MELISSA 4) SANTOS, KATHERINE KHAY	47.08	
3	Singapore (B) 1) ENRIQUEZ, ROXANNE ROSE 3) ONG, KERSTIN 2) GOH, CLARA 4) LIM, GWENDOLYN THERESE	48.97	

### #15 Men's 4 x 100m Relay (Open)

National Record 39.24  
Sg Open CR 39.28

5:40 PM (Day 2):

Pl	Team	Time	Note
1	MALAYSIA (A) 1) MOHD FAHMI, MUHAMMAD AZEEM 3) NYEPA, JONATHAN 2) ISMAIL, MUHAMMAD ZULFIQAR 4) HANAFI, MUHAMMAD HAIQAL	39.66	

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### #15 Men's 4 x 100m Relay (Open) (cont'd)

5:40 PM (Day 2):

Pl	Team		Time	Note
2	Indonesia (A)		40.09	40.081
	1) HADI, Sudirman	2) KERTANEGARA, Bayu		
	3) RIMBAWAN, Eko	4) SETIAWAN, Wahyu		
2	Singapore (A)		40.09	40.081
	1) KOE, IAN	2) LOUIS, MARC BRIAN		
	3) CHUA, JOSHUA	4) XANDER, HO ANN HENG		
	Singapore (B)			DNS
	1) LEE, REUBEN RAINER	2) SING, HUI		
	3) LEE, MARK REN	4) TAN, ZONG YANG		

### #66 Women's 4 x 400m Relay (Open)

National Record 3:33.26  
Sg Open CR 3:33.74

6:35 PM (Day 2):

Pl	Team		Time	Note
1	PHILIPPINES (A)		4:03.26	
	1) BEJOY, BERNALYN	2) LUZON-MEDINA, ELOISA		
	3) LUMAPAS, JESSEL	4) SCHRIJVERS, MAUREEN EMILY		

### #65 Men's 4 x 400m Relay (Open)

National Record 3:10.55  
Sg Open CR 3:05.96

6:45 PM (Day 2):

Pl	Team		Time	Note
1	PHILIPPINES (A)		3:23.94	
	1) RAMIREZ, FREDERICK	2) SEQUITA, JOYME		
	3) DEL PRADO, MICHAEL CARLO	4) LABITA, ALRYHAN		
2	Swift (A)		3:35.97	
	1) ANSHAD, Shafiq	2) BHARADWAJ, Akash Vijay		
	3) FAYIZ, Mohamed Haja	4) LIN, Jing Chao		
	Singapore (A)			DNS
	1) NG, CHIN HUI	2) QUEK, CALVIN		
	3) TAN, ZONG YANG	4) LEE, REUBEN RAINER		