

<u>Date</u>	<u>Time</u>	<u>Event</u>	<u>Athlete Name</u>	<u>PB</u>	<u>SB</u>
-------------	-------------	--------------	---------------------	-----------	-----------

Philippine Athletics Asian Games

Indonesia time (Indonesia is 1 hr behind the Philippines) so 6am is 7am in the Philippines

25-Aug	6.00am	Men's Decathlon 100m	Aries Toledo	10.81	12.11
	10.45am	Men's Decathlon Long Jump	Aries Toledo	7.40m	7.40m
	11.10am	Mens 400m Qualification	Trenten Anthony Beram	46.01	46.01
	12.00pm	Men's Decathlon Shotput	Aries Toledo	11.63m	11.34m
	6.30pm	Women's 100m Qualification	Kristina Knott	11.44	11.50
	6.45pm	Men's Long Jump Qualificatin	Janry Ubas	7.88m	7.76m
	6.50pm	Men's Decathlon High Jump	Aries Toledo	1.92m	1.76m
	8.45pm	Men's 400m Semi Final	Trenten Anthony Beram	46.01	46.01
	9.25pm	Men's 400m Decathlon	Aries Toledo	47.71	50.50
	26-Aug	6.00am	Women's Marathon	Mary Joy Tabal	2h43.31
10.00am		Men's Decathlon 110m Hurdles	Aries Toledo	14.67	14.67
10.45am		Men's Decathlon Discus	Aries Toledo	38.61m	36.08m
11.00am		Men's 400m Hurdles Qualificaton	Eric Cray	48.98	49.68
			Francis Medina	50.93	50.93
12.15pm		Men's Decathlon Pole Vault	Aries Toledo	4.20m	3.80m
6.30pm		Women's 100m Semi Final	Kristina Knott	11.44	11.50
6.40pm		Men's Long Jump Final	Janry Ubas	7.88m	7.76m
6.45pm		Men's Decathlon Javelin Throw	Aries Toledo	52.56m	52.56m
7.10pm		Men's 400m Final	Trenten Anthony Beram	46.01	46.01
8.25pm	Men's 400m Hurdles Semi Final	Eric Cray	48.98	49.68	

			Francis Medina	50.93	50.93
	8.50pm	Men's Decathlon 1500m	Aries Toledo	4.39.80	4.58.72
	9.10pm	Women's 100m Final	Kristina Knott	11.44	11.50
27-Aug	9.00am	Men's 110m Hurdles Qualification	Clinton Kingsley Bautista	14.14	14.14
	10.30am	Men's 800m Qualification	Marco Vilog	1.49.91	1.51.98
	6.40pm	Women's Long Jump	Marestella Sunang	6.72m	6.24m
	7.00pm	Men's 400m Hurdles Final	Eric Cray	48.98	49.68
			Francis Medina	50.93	50.93
	8.05pm	Men's 800m Semi Final	Marco Vilog	1.49.91	1.51.98
28-Aug	9.45am	Women's 200m Qualification	Kristina Knott	23.23	23.65
	10.15am	Men's 200m Qualification	Trenten Beram	20.84	20.96
	6.35pm	Men's 110m Hurdles Final	Clinton Kingsley Bautista	14.14	14.14
	6.50pm	Women's 200 Semi Final	Kristina Knott	23.23	23.65
	7.15pm	Men's 200m Sem Final	Trenten Beram	20.84	20.96
	7.40pm	Men's 800m Final	Marco Vilog	1.49.91	1.51.98
29-Aug	6.40pm	Men's Pole Vault	Ernest Obiena	5.61m	5.51m
	6.50pm	Women's 200m Final	Kristina Knott	23.23	23.65
	7.05pm	Men's 200m Final	Trenten Anthony Beram	20.84	20.96
	7.10pm	Men's Triple Jump Final	Mark Harry Diones	16.70m	15.94m
	9.10pm	Men's 4x100 Relay Qualification	Anfernee Lopena	49.11	49.73
			Patrick Unso		
			Clinton Kingsley Bautista		
			Eric Cray		

30-Aug 7.10pm Men's 4x100 Relay Final

Anfernee Lopena

49.11

49.73

Patrick Unso

Clinton Kingsley Bautista

Eric Cray