

## 2014 PATAFA WEEKLY RELAYS

### 1. Ground Rules:

A. There will be three (4) categories for Male and Female :

1. Kids Athletics (7 – 12 years old) –separate guidelines for this event could be availed at PATAFA Office.
2. Youth (13- 16 years old)
3. Juniors (17 - 18 years old)
4. Seniors (19 years old and up)

### THE FOLLOWING RULES WILL BE APPLIED FOR YOUTH, JUNIORS, SENIORS

- B. Four (4) entries in field events (pole vault and high jump and no limit in track events).
- C. Three (3) attempts in the field events except High Jump and Pole Vault.
- D. Starting blocks is optional.
- E. IAAF rules will be applied except when there is a ground rules on certain event.
- F. Top 6 finishers will earn points
- |                 |         |                 |         |
|-----------------|---------|-----------------|---------|
| 1 <sup>st</sup> | - 7 pts | 5 <sup>th</sup> | - 2 pts |
| 2 <sup>nd</sup> | - 5 pts | 6 <sup>th</sup> | - 1 pt  |
| 3 <sup>rd</sup> | - 4 pts |                 |         |
| 4 <sup>th</sup> | - 3 pts |                 |         |
- G. Top 2 of each team is eligible to earn points
- H. The most number of accumulated points at the end of the last competition will be declared champion for each category.
- I. Only one team per category per relay event.
- J. Overlapped runners in long distance events will be eliminated until only 16 runners.
- K. Hurdle Heights:
- |  |        |
|--|--------|
| 100mh - Women/Junior Women               | .838m  |
| Youth Girls                              | .762m  |
| 110mh – Men                              | 1.067m |
| Junior Men                               | .991m  |
| Youth Boys                               | .914m  |
| 400mh - Women/ Junior Women/ Youth Girls | .762m  |
| Men/ Junior Men                          | .914m  |
| Youth Boys                               | .838m  |

### 2. Dates:

( At a separate list)

### 3. Schedule of Competition

( At a separate list)