

NO.	ATHLETES NAME	Predicted Performance	Result	2013 SEA			2011 SEA				
				Time	PB	SB	Gold	Silver	Bronze	Field	Performance
1	ULBOC, CHRISTOPHER JR.	Silver 3K Steeples	Gold	9:01.59	9:01.59	9:01.59		9:02.50	9:04.04	9	NA
2	SERMONA, LORALIE AMAHIT	Bronze Hammer Throw	4th	50.26	50.55	50.55	54.96	53.12	51.82	6	49.69
3	SANTOS, KATHERINE KHAY	Silver Long Jump	4th	5.93	6.25	6.17	6.39	6.24	6.14	9	6.25
4	HERRERA, RENE	Gold 3K Steeples	4th	9:09.14	8.47.14	9.09.14	9:01.59	9:02.50	9:04.04	9	8:52.23
5	MARAYAG, BENIGNO	Bronze Long Jump or Dagmil	4th Long Jump	7.38	7.61	7.43	7.81	7.71	7.53	9	7.61
			5th Triple	15.59	15.96	15.59	16.67	16.44	16.26	8	NA
6	OBIENA, ERNEST JOHN	Bronze Pole Vault	4th	4.90	4.95	4.95	5.15	5.1	5	10	NA
7	GUARTE, MERVIN	Gold 800, Silver 1500	Silver 800	1:51.51	1:50.69	1:50.88	1:50.98		1:51.62	10	1:50.69
			4th 1500	3:58.43	3:47.65	3:55.59	3:58.02	3:58.02	3:58.37	11	3:47.65
8	FRESNIDO, DANILO	Silver Javelin	5TH	66.32	72.93	67.23	76.3	75.43	69.69	7	66.27
9	FERRERA, ARNIEL	Gold Hammer Throw	Silver	61.18	61.62	61.39	62.23		59.75	7	60.19
10	BANO, JUNREY	Bronze 400 Hurdles	6th	53.85	51.75	52.24	51.29	51.74	51.79	12	4x4
11	SUNANG, ELIEZER DECENA	Bronze Shotput	4th	16.72	16.74	16.74	17.54	17.1	16.85	6	na
12	BUENAVENTURA, RIEZEL REYES	Silver Pole Vault	Bronze	3.80	3.90	3.85	4.21	4.1		5	NA
13	CID, JESSON RAMIL	Silver Decathlon	Gold	7038	7038	7038		6711	6383	7	NA
14	PANIQUE, ERIC SEGOVIA	Bronze Marathon	Bronze	2:30.54	2:28.26	2:30.21	2:28.36	2:29.50		9	2:28.26
15	VILLARITO, ROSIE	Silver Javelin	4th	48.00	52.34	49.46	52.96	50.37	48.31	7	47.35
16	CRAY, ERIC SHAUWN BRAZAS	Gold 400 Hurdles, Bronze 110 Hurdles	Gold 400 Hurdles	51.29	50.74	50.74		51.74	51.79	12	NA
			6th 110 Hurdles	14.34	14.17	14.17	13.72	14	14.17	9	NA
17	ATIENZA, NARCISA	Bronze Heptathlon	Silver	5241	5285	5241	5586		5152	5	5285
18	DAGMIL, HENRY CLARIDAD	Bronze or Marayag Long Jump	Gold	7.80	7.99	7.80		7.71	7.53	9	7.78
19	RUIZ, Tyler	Silver High Jump	4th	2.09	2.17	2.17	2.17	2.13	2.13	7	na
20	Barnard, Jessica	Silver 3K Steeples	Bronze Steeple	11:04.84	10:22.90	10:55.34	10:04.54	10:30.92		5	na
			4th 1500	4:32.33	4:32.33	4:32.33	4:22.54	4:27.01	04:32.3	4	na
	4x400m relay	Gold	Gold	3:09.32	3:08.07	3:08.07		3:09.81	3:15.06	6	3:11.16
21	NIERRAS, JULIUS FELICISIMO	member 4x4	Gold			47.68					
22	DEL PRADO, ISIDRO JR.	member 4x4	Gold		48.02	48.02					
23	ALEJAN, EDGARDO JR.	Gold 400	Silver, Gold 4x4	47.45	46.96	46.96	47.22		47.78	17	
24	BAGSIT, ARCHAND CHRISTIAN	Silver 400	Gold, Gold 4x4	47.22	47.11	47.11		47.45	47.78	17	47.71

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